

## **Division of Mental Health/ Developmental Disability/Substance Abuse Services**

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### **What types of support are available for people with traumatic brain injury?**

In North Carolina support is available for eligible individuals of all ages. Support is based on two basic processes:

- Person-Centered Planning explores what an individual's needs are and ways to address these needs. Some examples of services include in-home support, residential services, and assistance finding a job.
- Case Management includes assessing individual needs, referring to resources in the individual's community, and coordinating and monitoring support services involved.

### **What is a Local Management Entity (LME)?**

Your Local Management Entity can assist you in getting services. You can find your LME from the list on the web site <http://www.dhhs.state.nc.us/mhddsas/lmedirectory.htm>. When you contact the LME you will probably talk to someone in Screening Referral and Triage. Tell them that you or your family member has a Traumatic Brain Injury. In North Carolina the definition of TBI has been put under Developmental Disabilities. This means that a person with TBI may be eligible for DD services. Make sure that you tell this person any challenges or difficulties that you or your family member is experiencing because you or your family member may also be eligible for Mental Health or Substance Abuse Services. If there is no appropriate funding available in the LME ask the LME if there is any TBI emergency money available. Each LME has a Customer Service Office that can help you with the system if you need it.

DMHDDSAS provides TBI information through its website:

<http://www.dhhs.state.nc.us/mhddsas/tbi/index.htm> This website lists in the phone numbers of staff who work with TBI in the DMHDDSAS.

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# Developmental Disabilities Services

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## What services are available?

- **Case Management:** Children and adults with developmental disabilities often need the guidance of a professional case manager to ensure they get the types of services and supports they need. The role of the case manager is one of advocacy, coordination and monitoring, in addition to assessment and evaluation.
- **Developmental Therapy:** Periodic 1:1 skill development/training provided to help individuals attain skills necessary to live as successfully and independently as possible in their own home and community.
- **Vocational/Day Activity Services:** Support on a long-term follow-along basis is available to help individuals maintain employment once the Division of Vocational Rehabilitation has helped them become employed. Facility based programs (Adult Developmental/Vocational Program or ADVP) are available for individuals who require more intense supervision and assistance and may not yet be ready or capable of competitive employment. Leisure and Retirement Services are also available for older adults.
- **Residential Services:** An array of residential options—including ICF-MR group homes, group living for adults, alternative family living, semi-independent and supported living arrangements—are available depending on individual need, ability, and preference.

## What is ‘Single Portal’?

Single Portal is the point of entry/exit for publicly funded services available to County residents with developmental disabilities. It is the one place consumers and families apply to access services and/or be placed on waiting lists for services not yet available. Single Portal/Access & Entry is responsible for accepting and managing applications, determining eligibility, maintaining waiting lists, and coordinating referrals to provider agencies as vacancies become available. A *WCHS DD Services Care Coordinator* can be assigned to assist people who are waiting for services not yet available or experiencing difficulty accessing services from the provider network.

## How are services paid for?

- **IPRS:** Integrated Payment and Reimbursement System is a managed care module used to authorize services and manage public funds (federal, state and local) available to pay for services provided to County residents with special needs.
- **Medicaid:** Medicaid is public health insurance available to individuals who are disabled and who meet certain income restrictions. Medicaid may pay for some services.
- **CAP-MR/DD:** (Community Alternative Program for children and adults with Mental Retardation/Developmental Disabilities) is a NC Medicaid waiver program for individuals who need ICF/MR (Intermediate Care Facility) level of care and can safely live in the community within available resource limits set by Medicaid. CAP-MR/DD covers the most comprehensive list of services and supports and therefore the waiting list is the longest.

- **Fee for Service:** For individuals and families of minors whose household income exceeds 400% of poverty there may be a fee for services assessed. Exceptions may be requested.

### **Who is eligible for services?**

Residents of a NC County, age 3 and older, whose condition meets the following state definition (N.C. General Statutes G.S. 111c-3 (12a). "Developmental disability" means a severe, chronic disability of a person which:

1. Is attributable to a mental or physical impairment or combination of mental and physical impairments;
2. Is manifested before the person attains age 22, unless the disability is caused by a traumatic head injury which can occur at any age, and
3. Is likely to continue indefinitely;
4. Results in substantial functional limitations in three or more of the following areas of major life activity:
  - self-care
  - receptive and expressive language
  - capacity for independent living
  - learning
  - mobility
  - self-direction
  - economic self-sufficiency; and
5. Reflects the person's need for a combination and sequence of special interdisciplinary, or generic care, treatment, or other services which are of a lifelong or extended duration and are individually planned and coordinated; or
6. When applied to children from birth through four years of age, may be evidenced as a developmental delay.

**The most common types of developmental disabilities are: Mental Retardation, Autism, Cerebral Palsy, and Traumatic brain injury.**

### **How do I apply?**

By completing your county's Human Services – DD Single Portal Application for Services for Persons with Developmental Disabilities' and attaching a copy of an evaluation by a professional who has diagnosed the applicant's developmental disability OR getting applicant/guardian consent for that professional to release a copy of the evaluation to your County Human Services.

## **Division of Mental Health/Developmental Disability/Substance Abuse Services (LME)**

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In North Carolina, the TBI population is served by the Division of Mental Health. TBI is considered a Developmental Disability. They provide support for individuals who have suffered a traumatic brain injury. This support includes residential services, in-home support, help finding jobs and case management. If you are having trouble getting services call Sandy Ellsworth at 919-715-2774.

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### **Counties**

**Website:** <http://www.dhhs.state.nc.us/mhddsas/lmedirectory.htm>

### **Alamance, Caswell, Rockingham**

*Alamance-Caswell-Rockingham Area*

*MH/DD/SA Authority,*

319 N. Graham-Hopedale Road, Suite A

Burlington, NC 27215

(336) 513-4200

(336) 513-4203-FAX

(336) 513-4444 Emergency Phone Number

Daniel Hahn, Area Director

### **Camden, Chowan, Currituck, Dare, Pasquotank, Perquimans, Hyde, Martin, Tyrell, Washington**

*Albemarle MH Center & DD/SAS*

305 E. Main St . Elizabeth City, NC 27906

(252) 335-0803

(252) 335-9143-FAX

888-627-4747 Emergency Phone Number

Charles Franklin, Jr., Area Director

### **Catawba, Burke**

*Mental Health Partners*

1985 Tate Blvd. SE Suite 529 Hickory, NC

28602

(828) 327-2595

(828) 325-9826-FAX

911 Emergency Phone Number

John Hardy, Area Director

### **Davie, Forsyth, Stokes**

*CenterPoint Human Services*

4045 University Parkway Winston-Salem, NC

27106

(336) 714-9100

(336) 714-9111-FAX

888-581-9988 Emergency Phone Number

Betty Taylor, Area Director

### **Iredell, Surry, Yadkin**

*Crossroads Behavioral Healthcare*

200 Business Park Drive Elkin, NC 28621

(336) 835-1000

(336) 835-1002-FAX

888-235-HOPE Emergency Phone Number

David Swann, Area Director

**Cumberland**

*Cumberland Area Program*

PO Box 3069 Fayetteville, NC 28302-3069

(910) 323-0601

(910) 323-0096-FAX

(910) 323-0601 Emergency Phone Number

Hank Debnam, Area Director

**Durham**

*The Durham Center*

501 Willard St., Durham NC 27701

919-560-7100

(919) 560-7240-FAX

919-560-7100 Emergency Phone Number

Ellen S. Holliman, Area Director

**Duplin, Lenoir, Sampson, Wayne**

*Eastpointe*

PO Box 599, 117 Beasley Street Kenansville,  
NC 28349-0599

(910) 296-1851

(910) 296-1731-FAX

800-513-4002 Emergency Phone Number

Ken Jones, Acting Area Director

**Edgecombe, Nash, Greene, Wilson**

*The Beacon Center*

500 Nash Medical Arts Mall Rocky Mount, NC  
27804

(252) 937-8141

(252) 443-9574-FAX

888-893-8640 Emergency Phone Number

Karen Salacki, Area Director

**Franklin, Granville, Halifax, Vance, Warren**

*Five County Mental Health Authority*

134 South Garnett St. Henderson, NC 27536

(252) 430-1330

(252) 430-0909-FAX

(877)619-3761 Emergency Phone Number

Foster Norman, Area Director

**Guilford**

*Guilford County Area MH/DD/SA Program*

232 N. Edgeworth Street, 4th Floor Greensboro,  
NC 27401-2221

(336) 641-4981

(336) 641-7761-FAX

800-853-5163 Emergency Phone Number

Billie M. Pierce, Area Director

**Johnston**

*Johnston County Area MH/MR/SA Authority*

PO Box 411 Highway 301 North Smithfield, NC  
27577-0411

(919) 989-5500

(919) 989-5532-FAX

911 Emergency Phone Number

Janis Nutt, Area Director

**Mecklenburg**

*Mecklenburg County Area Mental Health Authority*  
429 Billingsley Road Charlotte, NC 28211-1098  
(704) 336-2023

(704) 336-4383-FAX  
(704) 358-2800 Emergency Phone Number  
Grayce Crockett, Area Director

**Alleghany, Ashe, Avery, Watauga, Wilkes**

*New River Behavioral HealthCare*  
895 State Farm Road, Suite 508 Boone, NC  
28607-4996  
(828) 264-9007

(828) 264-9468-FAX  
866-333-8545 Emergency Phone Number  
Don Suggs, Area Director

**Carteret, Onslow**

*Onslow Carteret Behavioral Healthcare*  
165 Center St., Jacksonville, NC 28546  
910-219-8000

910-219-8072-FAX  
910-353-5118 Emergency Phone Number  
Daniel M. Jones, Area Director

**Chatham, Orange, Person**

*O-P-C MH/DD/SA Authority*  
100 Europa Dr. Suite 490 Chapel Hill, NC 27517  
919-913-4000

919-913-4001-FAX  
800-233-6834 Emergency Phone Number  
Judy Truitt, Interim Area Director

**Cleveland , Gaston, Lincoln**

*Pathways MH/DD/SA*  
901 S. New Hope Rd. Gastonia, NC 28054  
(704) 867-2361

(704) 854-4809-FAX  
(704) 867-4357 Emergency Phone Number  
Rhett Melton, Area Director

**Cabarrus, Davidson, Rowan, Stanly, Union**

*Piedmont Behavioral Healthcare*  
245 LePhillip Court Concord, NC 28025  
(704) 721-7000

(704) 721-7010-FAX  
800-939-5911 Emergency Phone Number  
Dan Coughlin, Area Director

**Bertie, Gates, Hertford, Northampton, Beaufort, Craven, Jones, Pamlico, Pitt**

*East Carolina Behavioral Health*  
PO Box 1636  
NewBern, NC 28563  
(252) 636-1510

(252) 633-1237-FAX  
877-685-2415 Emergency Phone Number  
Roy Wilson, Area Director

**Anson, Harnett, Hoke, Lee, Montgomery, Moore, Richmond Randolph**

*Sandhills Center for MH/DD/SAS*

PO Box 9 West End, NC 27376-0009

(910) 673-9111

(910) 673-6202-FAX

800-256-2452 Emergency Phone Number

Michael Watson, Area Director

**Alleghany, Ashe, Avery, Cherokee, Clay, Graham, Haywood, Jackson, Macon, Swain, Watauga, Wilkes**

*Smoky Mountain Center for MH/DD/SAS*

PO Box 127 Sylva, NC 28779

(828) 586-5501

(828) 586-3965-FAX

800-849-6127 Emergency Phone Number

Tom McDevitt, Area Director

**Brunswick, New Hanover, Pender**

*Southeastern Center for MH/DD/SAS*

PO Box 1230 Wilmington, NC 28402-1230

(910) 251-6440

(910) 796-3133-FAX

(910) 251-6551 Emergency Phone Number

Art Costantini, Area Director

**Bladen, Columbus, Robeson, Scotland**

*Southeastern Regional MH/DD/SA Services*

450 Country Club Road, Lumberton, NC 28360

(910) 738-5261

(910) 738-8230-FAX

800-672-8255 Emergency Phone Number

Sharen Prevatte, Area Director

**Wake**

*Wake County Human Services*

LME Access Center

PO Box 46833

Raleigh, NC 27620-6833

(919) 250-3133 Emergency Phone Number

**Buncombe, Henderson, Madison, Mitchell, Polk, Rutherford, Transylvania, Yancey**

*Western Highlands MH/DD/SAS*

356 Biltmore Avenue Asheville, NC 28801

(828) 225-2800

(828) 252-9584-FAX

800-951-3792 Emergency Phone Number

Arthur D Carder, Jr., Area Director

