

## Recreational & Leisure

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The following agencies offer specialized programs, which are designed to enhance the quality of life for individuals with brain injuries by providing opportunities for socialization, leisure activities, and psychological stimulation.

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### **Adaptive Sports & Adventures Program**

Carolinas Rehabilitation  
1100 Blythe Blvd  
Charlotte, NC 28203

**(704) 355-1062**

Fax: (704) 446-4999

[www.carolinasrehabilitation.org](http://www.carolinasrehabilitation.org)

[asap@carolinas.org](mailto:asap@carolinas.org)

Adaptive sports program was designed to provide individuals with physical disabilities with recreational and sport activities, such as hand cycling, adaptive water-ski, adaptive snow skiing, wheelchair sports, and much more.

### **Annual Brain Injury Survivor/Family Camping Weekend**

Brain Injury Association of NC  
PO Box 10912  
Raleigh, NC 27605

**(800) 377-1464**

Call for scheduled dates and locations of camp week-ends.

### **Camp TBI**

Walton Foundation for Independence  
1355 Independence Drive  
Augusta, GA 30901

Contact Leslie Glass: **(706) 826-5809**

[www.wrh.org](http://www.wrh.org)

[lglass@wrh.org](mailto:lglass@wrh.org)

This camp is for children, 8-21 years old. There is no charge to attend. Activities include dances, boating activities, ropes course, social skills and horseback riding. Focused on increasing independence in daily activities ([www.wrh.org](http://www.wrh.org)).

### **Disabled Sports USA**

451 Hungerford Drive, Suite 100  
Rockville, MD 20850

**(301) 217-0960**

Fax: (301) 217-0968

[www.dsusa.org](http://www.dsusa.org)

National nonprofit organization providing sports & recreation services to children & adults with physical or mobility related disabilities. Offers: winter & summer competition programs for athletes, "learn to" programs in summer & winter, recreation and sports activities, comprehensive services for families through peer support network, education & training of professionals ([www.dsusa.org](http://www.dsusa.org)).

**Exceptional Vacations, L.L.C.**

PO Box 970220  
Coconut Creek, FL 33097

**(866) 748-TRIP****(954) 972-3667**[www.exceptional-vacations.com](http://www.exceptional-vacations.com)

Exceptional Vacations is dedicated to providing high quality vacation opportunities for individuals with developmental disabilities and special needs. We ensure a safe environment that promotes integration, socialization, friendship and fun.

Exceptional Vacations' trips provide a wonderful opportunity for personal growth, normalization, and socialization in a safe and fun atmosphere. We have a professional staff committed to providing our special needs travelers with the experience of a lifetime. Our special needs tours are all inclusive. Vacationers only need to bring the desire for a new and rewarding experience (www.exceptional-vacations.com).

**Farm Ventures**

363 Jerry Dixon Rd  
Leasburg, NC 27291

**(336) 598-4744**

Located on the Person County Group Homes, Farm Ventures promotes professionally facilitated therapeutic horseback riding.

**Misty Meadow Mitey Riders**

455 Providence Road South  
Waxhaw, NC 28173

**(704) 841-0602**

Contact: Janet Elmo

[www.miteyriders.com](http://www.miteyriders.com)

Assisted riding program for disabled individuals.

**Moses Cone Health System's Outpatient Rehabilitation Center**

1904 North Church Street  
Greensboro, NC 27405

**(336) 271-4840****North Carolina Division of Parks and Recreation**

1615 MSC  
Raleigh, NC 27699

**(919) 733-4181**<http://ils.unc.edu/parkproject/ncparks.html>**Rocking Horse Ranch**

Linda Moran, Executive Director  
1721 Blue Banks Farm Road  
Greenville, NC 27834

**(252) 752-0153**

Fax: (252) 752-0153

[www.rhrnc.com](http://www.rhrnc.com)

Rocking Horse Ranch is a not-for-profit organization founded by Eileen Van Houten in 1991 that

provides therapeutic and sports riding to children and adults with a variety of physical, psychological, and cognitive disabilities.

The ultimate goal of the program is to improve each rider's functional abilities so that they become more independent, productive and active members of the community. We are a member organization of the North American Riding for the Handicapped Association ([www.rhrnc.com](http://www.rhrnc.com)).

**Shining Hope Farms**

328 Whipporwill Lane  
Mount Holly, NC 28120

**(704) 827-3788**

Contact: Milinda Kirkpatrick  
<http://shininghopefarms.org>

Shining Hope Farms is an organization created for, but not limited to, people with disabilities. This non-profit corporation combines therapeutic horseback riding, family and caregiver support, and social and recreational activities for children and adults ([shininghopefarms.org](http://shininghopefarms.org)).

**Special Olympics**

Main Office  
2200 Gateway Center Blvd, Suite 201  
Morrisville, NC 27560-9122

**(919) 719-7662**

Fax: (919) 719-7663  
[www.sonc.net](http://www.sonc.net)

The mission of Special Olympics is to provide year-round sports training and athletic competition in a variety of Olympic-type sports for children and adults with intellectual disabilities, giving them continuing opportunities to develop physical fitness, demonstrate courage, experience joy and participate in a sharing of gifts, skills and friendship with their families, other Special Olympics athletes and the community ([www.sonc.net](http://www.sonc.net)).

**S.T.A.R. Bowlers**

Mecklenburg County Park and Recreation-  
Therapeutic Recreation Division  
2219 Tyvola Road  
Charlotte, NC 28210

Vernice Gallon **(980) 722-3788**  
(704) 527-0237

[vernice.gallon@mecklenburgcountync.gov](mailto:vernice.gallon@mecklenburgcountync.gov)

Bowling for TBI survivors and others with developmental disabilities. Each Tuesday from 10:30am-12:30pm.

**S.T.A.R. Gazin'**

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[vernice.gallon@mecklenburgcountync.gov](mailto:vernice.gallon@mecklenburgcountync.gov)

2-3 day trips to visit sites in and around Charlotte and surrounding areas. Trips are scheduled twice a year in the fall and spring.

**Summer Camp Directory**

Family Support Network of North Carolina  
200 N. Greensboro Street  
Carr Mill Mall, 2<sup>nd</sup> Floor, Suite D-9  
Carrboro, NC 27510

*Mailing Address*

The University of NC at Chapel Hill, CB#7340  
Chapel Hill, NC 27599-7340

**(800) 852-0042**

(919) 966-2841

Fax: (919) 966-2916

[www.fsnc.org](http://www.fsnc.org)

A resource guide for families with special needs.

**Victory Junction Gang Camp**

4500 Adam's Way  
Randleman, NC 27317

**(877) VJG-CAMP**

(336) 498-9055

[www.victoryjunction.org](http://www.victoryjunction.org)email: [info@victoryjunction.org](mailto:info@victoryjunction.org)

A camp founded for kids in honor of Adam Petty. Spring and Fall week-end Family Camps. Summer Camp for children and young adults. The Victory Junction Gang Camp enriches the lives of children with chronic medical conditions or serious illnesses by providing life-changing camping experiences that are exciting, fun, and empowering, in a safe and medically sound environment ([www.victoryjunction.org](http://www.victoryjunction.org)).