

November 2011

Greetings from the Brain Injury Association of North Carolina!

We are gearing up for a wonderful Holiday Season, and getting ready for a busy Fall and Spring.

Have a Happy and Safe Thanksgiving!



### **Brain Injury Ombudsman Program**

BIANC has a brain injury Ombudsman program to help with outreach and peer support for survivors and families. An Ombudsman is a volunteer advocate who has personal experience with brain injury and is willing to reach out and help others on their journey. ***We are seeking individuals or family members with personal brain injury experience who may want to volunteer with this program to help others.*** There is an 'Ombudsman' drop down box on the [www.bianc.net](http://www.bianc.net) website under 'Resources' tab where you can learn more about this wonderful program. Click here to visit the Ombudsman page on our website: [http://bianc.net/resources/ombudsman\\_program/index.html](http://bianc.net/resources/ombudsman_program/index.html)

You can make a referral, let others know about our new program, or you can download an application to let us know that you want to help. Click on the link below to view the BIANC Ombudsman Program brochure: <http://bianc.net/docs/Ombudsman/Ombudsman%20Brochure.pdf>

### **Holiday Christmas Celebration December 3rd**

Holiday Christmas Celebration coming up on December 3, 2011: [Download flier here!](#) Everyone is welcome! This is a fantastic event where everyone has lunch, gets a holiday gift and has lots of fun. This annual celebration for persons with brain injury and their families is held each year near Charlotte at Siler Presbyterian Church in Wesley Chapel. Please share this at your upcoming support group meeting or with family and friends in the brain injury community and encourage those who would like to attend to do so. If you or your group members would like additional information they contact Peggy Philbrick at [704-560-0488](tel:704-560-0488) or the Brain Injury Resource Center at Charlotte at [704-960-0561](tel:704-960-0561)

## BIANC to Provide Upcoming CBIS Class in Winston-Salem

BIANC is offering a series of *Certified Brain Injury Specialist (CBIS)* classes. The CBIS course is an excellent source of information for professionals, caregivers, and survivors.

The Raleigh course in September was great, and we are traveling to Wilmington this month to provide the course for a group at New Hanover Regional Medical Center (sorry, this session is sold out!).

BE SURE TO REGISTER NOW FOR THE JANUARY CLASS IN WINSTON SALEM!

**Winston-Salem: January 14<sup>th</sup> and 21<sup>st</sup>, 2012**

Wake Forest Baptist Health

*The Deadline to Register is DECEMBER 1<sup>st</sup>!!!*

Please visit our website for details at:

[http://bianc.net/resources/education\\_and\\_training/CBIS/index.html](http://bianc.net/resources/education_and_training/CBIS/index.html)

For further information on CBIS classes and registration/payment contact:

Shawn Chase: [shawn.chase@bianc.net](mailto:shawn.chase@bianc.net) or 919-833-9634

Susan Fewell: [susan.fewell@bianc.net](mailto:susan.fewell@bianc.net) or 919-618-3003

## Fall Issue of BIANC'S *Starting Point* Newsletter Available

The newest issue of BIANC'S *Starting Point* is out and in circulation!

This issue is focused on Long Term Care issues. We highlight some of the resources in NC and challenges faced by some of our families and survivors.

Individuals with brain injury who have long term care issues may need a residential placement or group home and we have highlighted a few of the homes dedicated to brain injury. Some people may need a day placement and there are articles on 2 day programs, Gateway Clubhouse in Raleigh area and Hinds' Feet Farm in Huntersville and Asheville. BIANC hopes to encourage and help other organizations get day programs going in communities across NC so there are more options and programs to help folks recover and have a productive day.

We also talk with a family who is taking on the full time job of caring for their loved one with a brain injury and tell a story about a person who went to a nursing home and how all of their staff attended training on brain injury to be better prepared to care for this person and others with brain injuries.

To view an electronic copy of the latest *Starting Point*, click the link below:

<http://bianc.net/docs/StartingPoint/Starting%20Point%20SummerFall%202011.pdf>

Back issues of *Starting Point*:

[http://www.bianc.net/newsletters/starting\\_point/index.html](http://www.bianc.net/newsletters/starting_point/index.html)

## BIANC Gearing Up for 2012 “Walk Season”

March is “*Brain Injury Awareness Month*” and each year during March/April we host a series of Saturday morning “Walk & Roll-athons” throughout the state to raise awareness of brain injury. These “Walks” are a great way to show support for our NC brain injury survivors, our Veterans, and their families.

We are currently planning our 2012 Walk & Roll-athons. Mark your calendars and start getting your teams together! We are hoping for the biggest turnout ever in 2012. We need all support group members and all of our rehab friends and their families to join us to support our NC survivors and their families and let them know we are there for them. Let us know of potential sponsors in your area who may want to help with these events.

**Fayetteville:** Honeycutt Park/Kiwanis Center *March 24, 2012*

**Concord:** Frank Liske Park *March 24, 2012*

**Raleigh:** Lake Crabtree County Park *March 31, 2012*  
(5K Run will be held later in the year)

**Asheville:** Carrier Park *April 14, 2012*

**Triad:** Tanglewood Park *April 21, 2012*

## Triangle Family in the News

Amy and Adam Root first visited the Raleigh BIANC office in August of this year. Adam sustained a traumatic brain injury in a motocross accident in May of 2010, and his wife Amy has been his advocate and his biggest fan through it all. When Adam and Amy first visited our BIANC office about 2 months ago, Adam was using a wheelchair and Amy stated that she had to assist him in and out of his chair. Well, today Amy and Adam walked into our offices to say hello and to share some stories about their recent venture into the limelight. Great family support and rehabilitation services can work wonders! Check out these recent stories on the Root family.

<http://www.wral.com/news/local/story/10339597/>

<http://www.wral.com/news/local/video/10339905/#/vid10339905>

## Upcoming BIAA Webinar

November Caregiver Webinar

Wednesday, November 16, 2011, at 3 p.m. ET: *Concussion in Children: Out of Sight, But Not Out of Mind*, Dr. Ron Savage

Objectives: At the conclusion of this webinar, participants have increased knowledge about:

1. Epidemiology and definitions of mild brain injury in children
2. Effects of mild brain injury both immediate and delayed
3. Strategies for management of symptoms and consequences of mild brain injury in the home and community setting

Registration Price: \$25

Continuing Education awarded: 1 hour

Registration closes at 5 p.m. ET on November 14. Click [here](#) to register.  
Information on how to join the webinar will be sent to registrants on November 15.

[Brain Injury  
Resource Center  
Asheville](#)

Community  
CarePartners  
68 Sweeten Creek  
Road  
Asheville, NC  
28803  
828-277-4868

[Brain Injury  
Resource  
Center  
Charlotte](#)

Carolinas  
Rehabilitation  
1100 Blythe  
Boulevard  
Charlotte, NC  
28203  
704-960-0561

[Brain Injury  
Resource  
Center  
Greenville](#)

P.O. Box 30496  
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27833  
252-561-6886

[Brain Injury  
Resource  
Center  
Raleigh](#)

P.O. Box 10912  
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800-377-1464

[Volunteer Brain  
Injury Resource  
Center  
Triad](#)

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