

What can a volunteer or intern do to help the BRAIN INJURY ASSOCIATION OF NORTH CAROLIA

Learn about the brain and challenges facing survivors and families and resources available

Assist with local support group: become a group leader, plan an activity, present a program

Develop or create posters to advertise events:

- * Ride for the Rock - 50k and 100k bicycle ride
- * Poster showing all events for March/April Brain injury awareness
- * General posters with brain injury information/BIANC website and logo

Assist with database to collect information on membership, pledges, sponsors, memorials, gifts etc

Create T-shirt design for events including sponsor logos and front/back design ideas

Join planning team for Walk & Roll-athon and Joggin' 4 Your Noggin' 5k run or other event

Form a team to come out and walk, get the word out to friends, neighbors, co-workers and family

Raise money in pledges with a personal fund raising goal

Help set up computer method of fund-raising on-line with pictures (active.com, facebook, other?)

Help with media contacts to get more press attention

Find new sponsors who will donate money or items for a BIANC event

Obtain raffle prizes, gift cards, donated gifts, hand-made items

Talk to Legislators to educate on brain injury and lack of resources and funding

Organize Caregiver lunches each quarter and assist with planning and organization

Enter registration information into database for events, send thank you letters or confirmation

Assist with membership program, putting together packets, sending information to new members

Clerical duties of putting labels on newsletters or mail-outs, stamps, folding, stuffing papers into envelopes

Answer the telephone and take messages, provide information, or pass call to BIANC staff

Help organize clerical materials, arts and crafts, photos, Resource materials

Update information in the BIANC Resource book within designated chapter to make sure it is current

Advise or assist with updating BIANC website (www.bianc.net)

Add great information on brain injury on Twitter or Facebook, Assist BIANC to improve or develop sites

Develop materials to distribute on awareness

CALL 919-833-9634 OR EMAIL BIANC@BIANC.NET OR WRITE TO BIANC, PO BOX 10912,
RALEIGH, NC 27605

TELL US WHAT YOU WANT TO DO or WHAT YOUR SPECIAL SKILLS ARE!