



## BRAIN INJURY ASSOCIATION OF NORTH CAROLINA

### **14<sup>th</sup> Annual “Life is an Adventure” Retreat**

*Hosted by The Brain Injury Association of North Carolina*

**WHEN: October 3-5, 2008**

**WHO: Survivors of Brain Injury & Their Families/Caregivers**

**WHAT: A weekend of camp fun and fellowship**

**WHERE: Camp Carefree-Stokesdale, NC**

**WHY: To have fun!**

**HOW: Campers, Caregivers/Family members complete the registration forms and send to BIANC with a check for \$20.00 per person payable to BIANC. (\$18.00 for BIANC members) You will receive a confirmation on your registration.**

**BIANC  
PO Box 10912  
Raleigh, NC 27605**

Please carefully read the enclosed application forms. Forms must be filled out for each person attending camp, including caregivers/family members. If you need multiple applications, please feel free to photocopy any forms provided.

**Horse Back Riding:** EVERY person that wants to participate in the horseback riding Must have Pages 7 & 8 completed by a physician.

For information regarding registration or BIANC membership, please call the Raleigh BIANC office at

**(919) 833-9634 or 1-800-377-1464**

[bianc@bianc.net](mailto:bianc@bianc.net)

**The deadline for all applications is September 5, 2008**

If forms are incomplete, they will be returned to you.



# BRAIN INJURY ASSOCIATION OF NORTH CAROLINA

## CAMP APPLICATION

Please complete one form for **each** person attending this BIANC event.  
**Deadline for registration is 4 weeks before the event. (September 5, 2008)**  
 Please get applications in as soon as possible as space is limited and will be first-come-first served.

Application Date: \_\_\_\_\_

Camp Date: October 3-5, 2008

Name: (Last) \_\_\_\_\_ (First) \_\_\_\_\_ (Nickname) \_\_\_\_\_

Check the box that applies to you:

Survivor of BI

Caregiver for: \_\_\_\_\_  
 (Name profession above)

Student: \_\_\_\_\_  
 (Name school & major above)

Address: \_\_\_\_\_ City: \_\_\_\_\_

State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Telephone: (Day) \_\_\_\_\_ (Night) \_\_\_\_\_ (Cell) \_\_\_\_\_

Age: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Gender: Male Female

Email Address: \_\_\_\_\_

Emergency Contact During Camp; Name: \_\_\_\_\_

Contact's Telephone:  
 (Day) \_\_\_\_\_ (Night) \_\_\_\_\_ (Cell) \_\_\_\_\_

T-Shirt Size: Medium Large XLarge XXLarge XXXLarge

In planning for camp we seek to provide the highest level of care and safety possible. In order to do this we need to know as much information as possible about functional levels and specific needs. Please provide all information that might be of value to camp staff working with the applicant during the event. **All applicants**, please fill out the application in its entirety. Regardless of how many years you have attended camp, we want the most accurate information to ensure a safe and fun event for everyone.

### Official Use Only

Received \_\_\_\_\_ Payment \_\_\_\_\_ Notified \_\_\_\_\_  
 Check# \_\_\_\_\_ Amount \_\_\_\_\_

All medical information must be complete before application will be processed.

**Medical History:**

Please list all current and prior pertinent conditions and surgeries.

Diagnosis	Date	Surgery	Comments
Ex. Brain Injury	10/15/1979	Shunt put in	Protect shunt site, headaches
Ex. Diabetes	6/7/1982		Food restrictions

Please list all doctors currently treating applicant

Name	Specialty	Phone	After Hours #

**Seizure History:**

Does this applicant have a history of seizures?  Yes  No  
 If Yes, what type? \_\_\_\_\_ How often \_\_\_\_\_ Date of most recent seizure \_\_\_\_\_  
 Are there any "auras" or behaviors/events that occur before or after seizure takes place?

**Medications:**

Is the applicant capable of administering his/her own medication? Yes No

ALL MEDICATIONS MUST BE IN ORIGINAL PRESCRIPTION PACKING/BOTTLE

Please document all medications applicant will take during the time they are at camp:

Medication	Dosage	Times Administered	# of pills per dose	Pill Color	Special Instructions	Purpose of Medication
Ex. Klonopin	1mg	9am,3pm	1	Blue	Crushed in applesauce	Anxiety

Are there any known allergies? (Including food, insects, medications, etc.)  
 No  Yes If yes state allergy and nature of reaction and treatment:

Are there any special precautions that should be taken for the applicant?  No  Yes  
 If yes, describe in detail.

Are there particular habits/concerns the camp staff should be aware of (food dislikes, sleeping patterns, wandering, inappropriate language or behavior)?

While at camp there will be male and female volunteers as well as campers. Does the applicant have difficulties with maintaining appropriate male/female relationships? If so, explain.

Please indicate any problem areas for the applicant (check all that apply)

\_\_\_\_\_ Paralysis \_\_\_\_\_ Short term memory \_\_\_\_\_ Vision \_\_\_\_\_ Hearing \_\_\_\_\_ Agitation  
 \_\_\_\_\_ Attention span \_\_\_\_\_ Behavioral \_\_\_\_\_ Speech

Please note any further information we may need to know about any of these problem areas.

Does the applicant use any of the following: \_\_\_\_\_ Cane \_\_\_\_\_ Leg Braces \_\_\_\_\_ Walker  
 \_\_\_\_\_ Wheelchair If the applicant uses a wheelchair, which type? \_\_\_\_\_ Manual \_\_\_\_\_ Power

Can the applicant propel indoors/outdoors independently? \_\_\_\_\_ Yes \_\_\_\_\_ No  
 If no, what assistance may be required?

Is the applicant able to transfer him/herself from chair to bed, bath, or toilet? \_\_\_\_\_ Yes \_\_\_\_\_ No  
 If no, what assistance is required?

Please address the following if applicable; provide details and strategies that may be helpful to staff in interacting with the applicant.

Cognitive Issues:

Physical Issues:

Emotional Issues:

Communication Issues:

Please indicate the level of assistance the applicant requires for each of the following:

Level of Assistance	None	Minimal	Moderate	Total
Activity				
Dressing/Undressing				
Eating				
Toileting				
Bathing/Hygiene				
Walking				

## The Following Sections Must Be Completed

In the event that my emergency contact can not be reached in an emergency, I hereby give permission to the camp director to make arrangements for hospitalization and to secure proper treatment from a licensed medical professional for \_\_\_\_\_.

Applicant's Full Name

\_\_\_\_\_  
Signature of Applicant

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of parent/guardian

\_\_\_\_\_  
Date

I hereby acknowledge that I am fully aware of the risks involved in participating in the activities at this BIANC event and have taken into account the abilities of \_\_\_\_\_.  
With respect to making decisions to participate in the program. I hereby release BIANC, its volunteers and agents from any and all claims of any nature arising out of participation in this camp.

\_\_\_\_\_  
Signature of Applicant

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of parent/guardian

\_\_\_\_\_  
Date

At various times during camp, print and television media will be invited to camp. In addition BIANC may develop video or photographic displays of individuals and the camp. Please indicate your preference:  
DO    DO NOT    film or photograph \_\_\_\_\_ for public purposes.

Applicant's Full Name

\_\_\_\_\_  
Signature of Applicant

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of parent/guardian

\_\_\_\_\_  
Date

While in attendance of this BIANC event, I am aware that there is to be no use or possession of alcohol, drugs, illegal substances, weapons, or anything that may be seen as offensive to others. I am aware that everything that I do while participating in this event is a reflection of BIANC. With that in mind I am aware that all decisions made by the camp director are final and all rules will be enforced. I am aware that if I do not conduct myself in a way that is a positive reflection on BIANC and its values, I may not be allowed to participate in this even

\_\_\_\_\_  
Signature of Applicant

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of parent/

\_\_\_\_\_  
Date

## HorsePOWER

**ALL** camp participants **MUST** complete the attached forms in order to participate with the horseback riding activities.

Those camp participants who do not have a completed:

**HorsePOWER Form**  
**Rider's Medical History**  
**Physician's Statement**  
**CANNOT** ride on a horse.

I hereby acknowledge that I have been advised of the risks involved in participating in the activities sponsored by the Brain Injury Association of North Carolina. I also acknowledge that I have taken into account the impairments (if applicable) of \_\_\_\_\_

Participant's Full Name

And hereby release BIANC, its volunteers and agents from any and all liability/claims of any nature arising out of participation in this retreat.

\_\_\_\_\_  
Signature of Participant

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of parent/guardian

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Witness

(To be signed at registration/check-in)

## Rider's Medical History and Physician's Statement

(To be completed by physician in order to participate in horse riding activities at camp)

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_

Name of Parent/Guardian: \_\_\_\_\_

Diagnosis: \_\_\_\_\_ Date of onset: \_\_\_\_\_

\*\*For Persons with Down Syndrome:

Cervical X-ray for atlantoaxial Instability: \_\_\_\_\_ Positive \_\_\_\_\_ Negative X-Ray date \_\_\_\_\_

Tetanus Shot: Yes No Date \_\_\_\_\_ Height \_\_\_\_\_ Weight \_\_\_\_\_

Seizure Type \_\_\_\_\_ Controlled \_\_\_\_\_ Date of last seizure \_\_\_\_\_

Please indicate if patient has a problem and /or surgeries in any of the following areas by checking yes or no. If yes, please comment.

Areas	Yes	No	Comments
Auditory			
Visual			
Speech			
Cardiac			
Circulatory			
Pulmonary			
Neurological			
Muscular			
Orthopedic			
Allergies			
Learning Disability			
Mental Impairment			
Psychological Impairment			
Other			

**Mobility:** Independent Ambulation \_\_\_\_\_ Yes \_\_\_\_\_ No Crutches \_\_\_\_\_ Yes \_\_\_\_\_ No  
Braces \_\_\_\_\_ Yes \_\_\_\_\_ No Wheelchair \_\_\_\_\_ Yes \_\_\_\_\_ No

Please indicate any special precautions: \_\_\_\_\_

To my knowledge there is no reason why this person cannot participate in supervised equestrian activities. However, I understand that the therapeutic riding center will weigh in the medical information above against the existing precautions and contraindications. I concur with a review of this person's abilities limitations by a licensed/credentialed health professional (PT, OT, Speech, Psychologist, etc.) in the implementing of an effective equestrian program.

Physician's Name (please print) \_\_\_\_\_

Physician Signature \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ ZipCode \_\_\_\_\_

Phone \_\_\_\_\_ Date \_\_\_\_\_

The following conditions, if present, may represent precautions or contraindications to therapeutic horseback riding. Therefore, when completing this form please note whether these conditions are present and to what degree.

### **Orthopedic**

Spinal Fusion  
 Spinal Instabilities/Abnormalities  
 Atlantoaxial Instabilities  
 Scoliosis  
 Kyphosis  
 Lordosis  
 Hip Subluxation and dislocation  
 Osteoporosis  
 Pathologic Fractures  
 Coxas Arthrosis  
 Heterotopic Ossification  
 Osteogenesis Imperfecta  
 Cranial Deficits  
 Spinal Orthoses  
 Internal Spinal Stabilization Devices

### **Neurologic**

Hydrocephalus/shunt  
 Spina Bifida  
 Tethered Cord  
 Chiari II Malformation  
 Hydromyelia  
 Paralysis due to spinal cord injury  
 Seizure Disorders

### **Medical/Surgical**

Allergies  
 Cancer  
 Poor endurance  
 Recent surgery  
 Diabetes  
 Peripheral Vascular Disease  
 Varicose Veins  
 Hemophilia  
 Hypertension  
 Serious Heart Condition  
 Stroke (Cerebrovascular Accident)

### **Secondary Concerns**

Behavior problems  
 Age under two years  
 Age under four years  
 Acute exacerbation of chronic disorder  
 Indwelling catheter