A Brain Injury Clubhouse or day program is a community center for individuals living with the effects of a brain injury. These facilities offer a safe environment for people with brain injuries to socialize and receive services that improve their quality of life while being treated with dignity and respect. For more details, please visit our Day Programs Information page.

Blessed Assurance Adult Day Care and Health Services
13001 Idlewood Road
Matthews, NC 28105

_Blessed Assurance provides day programs for individuals with physical and intellectual disabilities. Their goal is to preserve the dignity and enhance the quality of life for those they serve through a caring, stimulating, therapeutic, and enjoyable environment._

CarePartners Health Services
68 Sweeten Creek Road
Asheville, NC 28803

_CarePartners Health Services offers a full continuum of health services for adults and children beginning at age 14 with brain injuries. Services include adult day services and adult day care._

Club REACH
WakeMed Health Park
3000 New Bern Avenue
Raleigh, NC 27610

_Club REACH is an interactive program designed for individuals who no longer need hospital care, but who have activity limitations. Activities include: organized recreation programs, health & leisure education, supportive counseling, spiritual opportunities, and group exercise classes._

Family Preservation Services of NC, Inc.
Carolina House
2300 Sardis Road North, Ste. M
Charlotte, NC 28227
Gateway Clubhouse
1805 Garner Station Blvd.
Raleigh, NC 27063
Phone: (919) 662 – 0940
www.gatewayclubhouse.org

Gateway Clubhouse provides individuals with a brain injury the opportunity to participate in satisfying, purposeful activities in a supportive community environment. With the support of Clubhouse staff, members engage in social, recreational and work-oriented programs to use and develop practical and functional living skills.

GCF Nature Center Program
GCF Community Foundation
4808 Chin Page Road
Durham, NC 27703
Phone: (919) 941 – 9600

The Nature Center Program works with adults with disabilities. Participants enjoy the Nature Center several hours a day, several days each week. The program is structured around the seasons of the year.

Hinds Feet Farm
Asheville
375 Hendersonville Rd.
Asheville, NC 28803
Phone: (828) 274 – 0570
www.hindsfeetfarm.org

Huntsville
14625 Black Farms Road
Huntersville, NC 28078
Phone: (704) 992 – 1424

Hinds’ Feet Farm Day Program is a paradigm shift from the traditional medical treatment model for people living with brain injury, to an Interdependent Community Model that embraces a holistic health and wellness orientation, empowering members toward occupation and meaning in life post-injury.

Life Enrichment Center
Kings Mountain
222 Kings Mountain Blvd.
Kings Mountain, NC 28086
Phone: (704) 739 – 4858
www.lifeenrichmentcenter.org

Shelby
110 Life Enrichment Blvd.
Shelby, NC 28150
Phone: (704) 484 – 0405

Life Enrichment Adult Day Care and Health Service is a private, not-for-profit organization doing “whatever it takes” to help families stay together in the home and community by providing a wide range of services during the day for adults of all ages.
Life Experiences, Inc.  
260 Towerview Court  
Cary, NC 27513

Phone: (919) 467 – 1973  
www.lifeexperiences.org

Life Experiences is a non-profit organization that offers a choice of satisfying work experiences for adults with varying disabilities, and at the same time allows those adults the self-esteem of earning a wage for their work.

LifeSpan Incorporated  
1511 Shopton Road, Suite A  
Charlotte, NC 28217

Phone: (704) 944 – 5100  
www.lifespanservices.org

LifeSpan provides services in: Albemarle, Andrews, Burlington, Charlotte, Dobson, Greensboro, Monroe, Statesville, Troutman, and Waynesville

LifeSpan’s mission is to support children and adults with developmental disabilities by providing education, employment, and enrichment programs that promote inclusion, choice, family supports, and other best practices. They have sites across Western North Carolina.

Piedmont Area Living Services  
1201 South Boulevard  
Charlotte, NC 28203

Phone: (704) 370 – 0093

Piedmont Adult Living Services is an accredited facility of the North Carolina Department of Health and Human Services Division of Aging. They provide a high quality day health program for impaired adults as well as a comprehensive program keyed to serve the needs of the elderly and disabled adults.

Promise Resource Network  
1041 Hawthorne Lane  
Charlotte, NC 28205

Phone: (704) 390-7709  
www.promiseresourcenetwork.com

The Total Life Centers  
1110 Navaho Dr. Suite 400  
Raleigh, NC 27609

Phone: (919) 872 – 7933  
www.ResourcesForSeniors.com

Bond Park Total Life Center  
120 Maury O’Dell Place  
Cary, NC 27513

Phone: (919) 460 – 9008

Creedmoor Road Total Life Center  
6612 Creedmoor Rd.  
Raleigh, NC 27613

Phone: (919) 676 – 5858
Departure Drive Total Life Center
5124 Departure Dr. Suite 101
Raleigh, NC 27606

East Wake Total Life Center
323 Lake Dr.
Wendell, NC 27591

Garner Total Life Center
201 Methodist Dr.
Garner, NC 27529

Kirk Total Life Center
200 High Meadow Dr.
Cary, NC 27511

Phone: (919) 873 – 1870

Phone: (919) 365 – 4248

Phone: (919) 773 – 3790

Phone: (919) 467 – 6906

The Total Life Centers are adult day service programs. The service offers needed care for ambulatory and semi-ambulatory dependent adults, especially those with memory loss and physical disabilities.