REHABILITATION SERVICES

Rehabilitation is provided in a variety of ways, including inpatient services, physical therapy, occupational therapy, and other outpatient treatments. The resources listed in this section offer a variety of rehabilitation services. For more details, please visit our Rehabilitation Information page.
Brain Rehab Specialists
Sylvia L. Whitmire, MA, LPC, BCIA-C
10616 Metromont Pkwy., Suite 208
Charlotte, NC 28269

Phone: (704) 224 – 6069
Email: Sylvia@brainrehabspecialists.com
www.brainrehabspecialists.com

One-on-one brain injury rehabilitation services in an outpatient setting that include: education in brain injury concepts, cognitive retraining, pain management via biofeedback, and vocational rehabilitation.

Bryant T. Aldridge Rehabilitation Center
2400 Medpark Drive
Rocky Mount, NC 27804

Phone: (252) 962 – 3700
Email: btar@nhcs.org
www.nhcs.org

The Aldridge Rehabilitation Center serves as an acute rehab center in the Nash Health Care System.

Cape Fear Valley Regional Rehabilitation
1638 Owen Drive
Fayetteville, NC 28304

Phone: (910) 615 – 4000
www.capefearvalley.com

Offers comprehensive inpatient and outpatient services for persons with brain injury. Services include: computer assisted cognitive retraining, daily living skills training, family, education, neuropsychological evaluation and rehabilitation, vocational rehabilitation, community reintegration, individual, and group and family therapy.

CareFirst Rehab
100 Cornerstone Drive
Cary, NC 27519

Phone: (919) 460 - 1921
http://carefirstpt.com
frontdesk@carefirstpt.com

Physical Therapy: The use of the most progressive treatment techniques to help with your recovery from pain and lack of limb flexibility, coordination, balance, endurance, speed and strength.

Occupational Therapy: Occupational therapists treat injured, ill, or disabled patients through the therapeutic use of everyday activities. They help these patients develop, recover, and improve the skills needed for daily living and working.

Speech Therapy: Speech and language therapy includes the treatment of articulation delays, language delays, fluency (stuttering) and voice disorders.

Massage Therapy: From reducing pain to alleviating stress, we have the tools and expertise to maintain and restore balance to your health.

CarePartners Rehabilitation Hospital
68 Sweeten Creek Road
Asheville, NC 28803

Phone: (828) 274 - 6151
TTY/TDD: (828) 274 – 6196
www.carepartners.org

CarePartners Health Services offers a full continuum of health services for adults and children beginning at age 14 with brain injuries. Services include inpatient and outpatient rehabilitation, home health, at home personal care and private duty, hospice care, adult day care, vocational rehabilitation services, and private adolescent and geriatric case management services.
An outpatient facility offering comprehensive diagnostic and treatment services provides both residential and day treatment programs for people with TBI. Offers services such as vocational retraining, cognitive rehabilitation, marital/family therapy, medication monitoring, life skill retraining, and educational support services.

Carolina Neuroservices - The Head Injury Center  
6853 Fairview Rd.-Suite B  
Charlotte, NC 28210  
www.carolinaneuroservices.com  
Phone: (704) 366 – 9930

Carolina Neuroservices provides therapy with focus on life, community, and social skills, cognitive retraining, driver assessment, transitional work services, home evaluation, and family counseling.

Carolinas Rehabilitation  
1100 Blythe Blvd.  
Charlotte, NC 28203  
www.carolinarehabilitation.org  
Phone: (877) 734 – 2251

Rehabilitation services are available for adults and children in both inpatient and outpatient settings. Specialized inpatient services include a sensory stimulation program, intensive therapies, including occupational, speech, cognitive and physical therapy, and on-site physicians who specialize in physical medicine and rehabilitation.

Cary Health and Rehabilitation Center  
6590 Tryon Road  
Cary, NC 27518  
www.caryhealth.com  
Phone: (919) 851 – 8000

Rehabilitation services include: physical therapy, occupational therapy, speech therapy, evaluation/assessment, orthopedic rehab, stroke rehab, neurological rehab, prosthetic training, treatment of swallowing difficulties, and back injuries.

Cone Health Rehabilitation Hospital (Inpatient)  
1200 N. Elm Street  
Greensboro, NC 27401  
www.conehealth.com  
Phone: (336) 832 – 4000

Cone Health Neurorehabilitation Center (Outpatient)  
912 Third Street, Suite 102  
Greensboro, NC 27405  
www.conehealth.com  
Phone: (336) 271 – 2054

Offers a comprehensive TBI rehabilitation regimen. Programs include: return to living, amputee services, vestibular rehabilitation, specialized speech services, and programs for vision and balance.
Cumberland Hospital for Children and Adolescents
9407 Cumberland Road
New Kent, VA 23124

Cumberland Hospital for Children and Adolescents doesn’t look like a hospital because it isn’t like most hospitals; it is a unique environment that offers a different approach to help children with complex needs. Offers comprehensive rehabilitative services for children and adolescents with traumatic brain injuries. Will accept NC Medicaid.

Duke Rehabilitation Institute
Duke Regional Hospital
3643 North Roxboro Street, 7th Floor
Durham, NC 27704

Phone: (919) 470 - 7338
Appointments: (919) 328 - 3947
www.dukehealth.org/locations/duke-rehabilitation-institute

High Point Regional Rehabilitation Center
600 North Elm Street
High Point, NC 27262

Phone: (336) 878 – 6915
www.highpointregional.com

This is a full service rehabilitation center that offers physical, occupational, and speech therapy for adults and children with brain injuries.

Independent Living Rehabilitation Program
1300 St. Mary’s
Raleigh, NC 27605

Phone: (919) 715 – 0543
www.ncdhhs.gov/dvrs

Individual plans are developed and designed to help individuals with disabilities better manage their own lives and assume more responsibility in their families, homes, and communities.

Learning Perspectives, Inc.
Mideastern Regional Office
2080 A West Arlington
Greenville, NC 27834

Phone: (252) 439 – 0070
www.learningperspectives.com

Northeast Regional Office
2451 Hurt Drive
Rocky Mount, NC 27804

Southeastern Regional Office
3963 Market Street, Suite A
Wilmington, NC 28403

Phone: (910) 362 – 9474

Learning Perspectives Inc. offers strength-based treatment programs in mental health, developmental disabilities, vocational rehabilitation and other outpatient therapies.
Neuro Community Care specializes in community based support services for persons with traumatic brain injury, neurological disorders, or other physical challenges. They focus on case management, community support, and rehabilitative efforts to help ease the transition from inpatient programs.

NeuroRestorative is a leading provider of post-acute rehabilitation services for people of all ages with brain injuries and other neurological challenges. In a variety of locations and settings, we offer a continuum of care and rehabilitation options, including specialized services for children, adolescents, and military veterans.

New Hanover Regional Medical Center Rehabilitation Hospital
2131 S. 17th St.
Wilmington, NC 28401

Offers programs that teach individuals and their families how to adjust to brain injury. Program options include inpatient rehabilitation and outpatient services. Rehabilitation includes: communication, thought and memory training, self-care, management of impaired learning, social skills, and behavior skills.

ReNu Life is a residential rehabilitation program that offers person-centered, individualized treatment planning to meet the comprehensive needs of the brain injury survivor. Services include cognitive rehabilitation, community integration, behavioral management, supported living, and case management.

STEPS for Recovery is a private outpatient neuro-rehabilitation clinic offering physical and occupational therapies for individuals recovering from stroke or other brain injury. These programs place an emphasis on helping the clients achieve the life goals and roles that they desire.
UNC Rex Healthcare offers skilled rehabilitation services from your hospital stay to the outpatient setting.

Vidant Medical Center
2100 Stantonsburg Rd.
Greenville, NC 27835
Pre-Admissions: (252) 847 – 4400
TBI Clinic: (252) 847 – 6603
www.vidanthealth.com/rehab

Vidant Medical Center
Pediatric Rehabilitation Therapy Program
David Geissler, PhD
2100 Stantonsburg Rd.
Greenville, NC 27835
www.vidanthealth.com/outpatientpedsrehab
david.geissler@vidanthealth.com

Offers a continuum of services including inpatient rehabilitation with TBI treatment and outpatient services including aquatic therapy, neuropsychological and vocational evaluation and counseling, and vestibular rehabilitation.
Wake Forest Baptist Health  
*J. Paul Sticht Center on Aging and Rehabilitation*  
1 Medical Center Boulevard  
Winston-Salem, NC 27157  

Phone: (336) 713 – 8500  
www.wakehealth.edu

The *J. Paul Sticht Center on Aging and Rehabilitation* offers acute care, rehabilitation, psychiatry, and sub-acute care for persons with brain injury. The inpatient rehabilitation unit serves patients 13 and older with head trauma. There is a special 12-bed Acquired Brain Injury Unit designed to assist persons with brain injury.

Whitaker Rehabilitation Center (Novant Health)  
3333 Silas Creek Parkway  
Winston-Salem, NC 27103  

Phone: (336) 718 – 6700  
www.forsythmedicalcenter.org

*Whitaker Rehabilitation Center maintains a Brain Injury Unit, which provides comprehensive rehabilitation services. Inpatient and outpatient therapies are available.*