

RESPIRE CARE

Respite care provides in-home or out-of-home care for children or adults with disabilities, terminal or chronic illness and risk of neglect and abuse. Respite care continues for as long as the family is in need of it and as long as there are resources available.

The Arc of Durham

3500 Westgate Drive, Suite 402
Durham, North Carolina 27707

Phone: (919) 493 – 8141
www.arcofdurhamcounty.org

The Arc of Durham County is a nonprofit agency dedicated to serving people with intellectual and developmental disabilities & their families.

Center for Volunteer Caregiving

1150 SE Maynard Road, Suite 210
Cary, NC 27511

Phone: (919) 460 – 0567
Email: caregiving@ctrvolcare.org
www.volunteercaregiving.org

The Center for Volunteer Caregiving provides respite care for individuals with memory impairment or a disabling condition, so that the primary family caregiver (or other informal caregiver) can enjoy a few hours off to attend to their own needs. Respite care is typically provided for 2-4 hours weekly or every other week for qualified individuals.

Guardian Care of Scotland Neck

920 Junior High School Road
Scotland Neck, NC 27874

Phone: (252) 826 – 5146

Guardian Care manages a skilled nursing facility while also offering respite care services.

Helping Hands of America

211 E. Six Forks Rd., Suite 222
Raleigh, NC 27609

Phone: (919) 829 – 2505
www.hhamerica.com

Helping Hands provides care, assistance and companionship for rehabilitation patients, individuals recovering from surgery and anyone else who may need assistance in his or her home.

Interim HealthCare

1705 Medical Park Dr.
Wilson, NC 27893

Phone: (252) 243 – 7665
www.interimhealthcare.com

Interim HealthCare provides comprehensive home healthcare services. Locations are available across the state; please call for the location in your area.

Land of Sky Regional Council

339 New Leicester Hwy #140

Asheville, NC 28806

Phone: (828) 251 - 6622

National Respite Locator

ARCH National Respite Network & Resource Center

Phone: (703) 256 - 2084

www.archrespite.org

North Carolina Respite Care Coalition

Phone: (828) 586 -1962 ext. 218

www.northcarolinarespitecarecoalition.org