REHABILITATION SERVICES

Rehabilitation is provided in a variety of ways, including inpatient services, physical therapy, occupational therapy, and other outpatient treatments. The resources listed in this section offer a variety of rehabilitation services. For more details, please visit our Rehabilitation Information page.

Atlantic Music Therapy, LLC
P. O. Box 881
Clayton, NC 27528
Phone: (919) 443-9448
Email: Allison@atlanticmusictherapy.com
www.atlanticmusictherapy.com

Atlantic Music Therapy, LLC provides music therapy services to individuals with neurologic illness or injury throughout North Carolina Research Triangle. Through engagement in music-based exercises, our patients are able to experience an approach to rehabilitation that is noninvasive, efficient, and enjoyable!

Brain Rehab Specialists
Sylvia L. Whitmire, MA, LPC, BCIA-C
10616 Metromont Pkwy., Suite 208
Charlotte, NC 28269
Phone: (704) 224-6069
Email: Sylvia@brainrehabspecialist.com
www.brainrehabspecialists.com

One-on-one brain injury rehabilitation services in an outpatient setting that include: education in brain injury concepts, cognitive retraining, pain management via biofeedback, and vocational rehabilitation.

Bryant T. Aldridge Rehabilitation Center
2400 Medpark Drive
Rocky Mount, NC 27804
Phone: (252) 962-3700
Email: btar@nhcs.org
www.nhcs.org

The Aldridge Rehabilitation Center serves as an acute rehab center in the Nash Health Care System.

Cape Fear Valley Regional Rehabilitation
1638 Owen Drive
Fayetteville, NC 28304
Phone: (910) 615-4000
www.capefearvalley.com

Offers comprehensive inpatient and outpatient services for persons with brain injury. Services include: computer assisted cognitive retraining, daily living skills training, family, education, neuropsychological evaluation and rehabilitation, vocational rehabilitation, community reintegration, individual, and group and family therapy.
Physical Therapy: The use of the most progressive treatment techniques to help with your recovery from pain and lack of limb flexibility, coordination, balance, endurance, speed and strength.

Occupational Therapy: Occupational therapists treat injured, ill, or disabled patients through the therapeutic use of everyday activities. They help these patients develop, recover, and improve the skills needed for daily living and working.

Speech Therapy: Speech and language therapy includes the treatment of articulation delays, language delays, fluency (stuttering) and voice disorders.

Massage Therapy: From reducing pain to alleviating stress, we have the tools and expertise to maintain and restore balance to your health.

CarePartners Rehabilitation Hospital

Phone: (828) 274 - 6151
TTY/TDD: (828) 274 – 6196

CarePartners Health Services offers a full continuum of health services for adults and children beginning at age 14 with brain injuries. Services include inpatient and outpatient rehabilitation, home health, at home personal care and private duty, hospice care, adult day care, vocational rehabilitation services, and private adolescent and geriatric case management services.

Carolina Concussion & Physical Medicine

Dr. Michael S. DeCriscio
120 Capcom Avenue, Suite 104
Wake Forest, NC 27587

Phone: (919) 435 – 7396
info@carolinaconcussion.com
https://carolinaconcussion.com

Carolina Concussion & Physical Medicine provides vestibular and concussion rehabilitation through clinical examination and diagnostics to address underlying causes of dizziness, imbalance, and other challenges related to concussion. Other services include baseline testing & visual/motor speed training for athletes of all ages, as well as cognitive rehabilitation therapy.

Carolinias Center for Development and Rehabilitation

Phone: (704) 442 – 7272

An outpatient facility offering comprehensive diagnostic and treatment services provides both residential and day treatment programs for people with TBI. Offers services such as vocational retraining, cognitive rehabilitation, marital/family therapy, medication monitoring, life skill retraining, and educational support services.
Carolina Neuroservices - The Head Injury Center
6853 Fairview Rd.-Suite B
Charlotte, NC 28210
Phone: (704) 366 – 9930
www.carolinaneuroservices.com

Carolina Neuroservices provides therapy with focus on life, community, and social skills, cognitive re-training, driver assessment, transitional work services, home evaluation, and family counseling.

Carolinas Rehabilitation
1100 Blythe Blvd.
Charlotte, NC 28203
Phone: (877) 734 – 2251
www.carolinasrehabilitation.org

Rehabilitation services are available for adults and children in both inpatient and outpatient settings. Specialized inpatient services include a sensory stimulation program, intensive therapies, including occupational, speech, cognitive and physical therapy, and on-site physicians who specialize in physical medicine and rehabilitation.

Cary Health and Rehabilitation Center
6590 Tryon Road
Cary, NC 27518
Phone: (919) 851 – 8000
www.caryhealth.com

Rehabilitation services include: physical therapy, occupational therapy, speech therapy, evaluation/assessment, orthopedic rehab, stroke rehab, neurological rehab, prosthetic training, treatment of swallowing difficulties, and back injuries.

Carolina Concussion & Physical Medicine
Dr. Michael S. DeCriscio
120 Capcom Avenue, Suite 104
Wake Forest, NC 27587
Phone: (919) 435 – 7396
https://carolinaconcussion.com

Carolina Concussion & Physical Medicine provides vestibular and concussion rehabilitation through clinical examination and diagnostics to address underlying causes of dizziness, imbalance, and other challenges related to concussion. Other services include baseline testing & visual/motor speed training for athletes of all ages, as well as cognitive rehabilitation therapy.

Cone Health Rehabilitation Hospital (Inpatient)
1200 N. Elm Street
Greensboro, NC 27401
Phone: (336) 832 – 4000
www.conehealth.com
Cone Health Neurorehabilitation Center (Outpatient)  
912 Third Street, Suite 102  
Greensboro, NC 27405  
Phone: (336) 271 – 2054  

*Offers a comprehensive TBI rehabilitation regimen. Programs include: return to living, amputee services, vestibular rehabilitation, specialized speech services, and programs for vision and balance.*

Cumberland Hospital for Children and Adolescents  
9407 Cumberland Road  
New Kent, VA 23124  
Phone: (800) 368 – 3472  
www.cumberlandhospital.com  

*Cumberland Hospital for Children and Adolescents doesn't look like a hospital because it isn't like most hospitals; it is a unique environment that offers a different approach to help children with complex needs. Offers comprehensive rehabilitative services for children and adolescents with traumatic brain injuries. Will accept NC Medicaid.*

Duke Rehabilitation Institute  
Duke Regional Hospital  
3643 North Roxboro Street, 7th Floor  
Durham, NC 27704  
Phone: (919) 470 - 7338  
Appointments: (919) 328 - 3947  
www.dukehealth.org/locations/duke-rehabilitation-institute  

High Point Regional Rehabilitation Center  
600 North Elm Street  
High Point, NC 27262  
Phone: (336) 878 – 6915  
www.highpointregional.com  

*This is a full service rehabilitation center that offers physical, occupational, and speech therapy for adults and children with brain injuries.*

Independent Living Rehabilitation Program  
1300 St. Mary’s  
Raleigh, NC 27605  
Phone: (919) 715 – 0543  
www.ncdhhs.gov/dvrs  

*Individual plans are developed and designed to help individuals with disabilities better manage their own lives and assume more responsibility in their families, homes, and communities.*
Learning Perspectives, Inc. offers strength-based treatment programs in mental health, developmental disabilities, vocational rehabilitation and other outpatient therapies.

Learning Services
Raleigh Program:
530 Building Futures Circle
Raleigh, NC 27610

Creedmoor Address
Learning Services Neurobehavioral Institute – East
800 Recovery Drive
Creedmoor, NC 27522

For over 30 years, Learning Services has been a national provider of specialized rehabilitation services for adults with acquired brain injury. Our rehabilitation programs take place within a residential environment, designed to deliver comprehensive therapy in a real world setting. These programs provide therapeutic environments and functional based rehabilitation designed to meet the needs of individuals and families whose lives have been affected by brain injury.

Our NC locations offer post-acute Neuro-rehabilitation, Neurobehavioral, Supported Living, Day Treatment, and Pain Rehabilitation services.

Neuro Community Care specializes in community based support services for persons with traumatic brain injury, neurological disorders, or other physical challenges. They focus on case management, community support, and rehabilitative efforts to help ease the transition from inpatient programs.
NeuroRestorative is a leading provider of post-acute rehabilitation services for people of all ages with brain injuries and other neurological challenges. In a variety of locations and settings, we offer a continuum of care and rehabilitation options, including specialized services for children, adolescents, and military veterans.

New Hanover Regional Medical Center
Rehabilitation Hospital
2131 S. 17th St.
Wilmington, NC 28401

Offers programs that teach individuals and their families how to adjust to brain injury. Program options include inpatient rehabilitation and outpatient services. Rehabilitation includes: communication, thought and memory training, self-care, management of impaired learning, social skills, and behavior skills.

ReNu Life
501 Forest Hill Dr.
Goldsboro, NC 27533

ReNu Life is a residential rehabilitation program that offers person-centered, individualized treatment planning to meet the comprehensive needs of the brain injury survivor. Services include cognitive rehabilitation, community integration, behavioral management, supported living, and case management.

NC Rex HealthCare - Nursing Care & Rehabilitation Services
4420 Lake Boone Trail
Raleigh, NC 27607

Phone: (800) 743 – 6802
www.neurorestorative.com

NeuroRestorative
3601 Windemere Place
Raleigh, NC 27604

Phone: (919) 397 – 8135
www.neurorestorative.com

NeuroRestorative
151 Sadis Rd. North
Charlotte, NC 28270

Phone: (910) 343 – 7000
www.nhrmc.org

New Hanover Regional Medical Center
Rehabilitation Hospital
2131 S. 17th St.
Wilmington, NC 28401

Offers programs that teach individuals and their families how to adjust to brain injury. Program options include inpatient rehabilitation and outpatient services. Rehabilitation includes: communication, thought and memory training, self-care, management of impaired learning, social skills, and behavior skills.

ReNu Life
501 Forest Hill Dr.
Goldsboro, NC 27533

Phone: (919) 734 – 0266
www.renulife.org

NC Rex HealthCare - Nursing Care & Rehabilitation Services
4420 Lake Boone Trail
Raleigh, NC 27607

Phone: (919) 784 - 3100
www.rexhealth.com/rh/care-treatment/rehabilitation
STEPS for Recovery
7980 Chapel Hill Road, Suite 115
Cary, NC 27513

www.stepsforrecovery.com

STEPS for Recovery is a private outpatient neuro-rehabilitation clinic offering physical and occupational therapies for individuals recovering from stroke or other brain injury. These programs place an emphasis on helping the clients achieve the life goals and roles that they desire.

UNC Rex Nursing Care & Rehabilitation Center of Apex
911 S. Hughes Street
Apex, NC 27502
Phone: (919) 363 - 6011

UNC Rex Wellness Center of Cary
1515 SW Cary Parkway
Cary, NC 27511
Phone: (919) 387 - 0080

UNC Rex Hospital Outpatient Rehabilitation - Garner
1400 Timber Drive E.
Rex Wellness Center of Garner, Suite 214
Garner, NC 27529
Phone: (919) - 661 - 2482

UNC Rex Wellness Center of Garner
1400 Timber Drive East
Garner, NC 27529
UNC Rex Wellness Center of Knightdale
6602 Knightdale Boulevard
Knightdale, NC 27545
Phone: (919) 661 - 6100
Phone: (919) 747 - 5360

UNC Rex Rehabilitation Services - Raleigh
2709 Blue Ridge Road, Suite 200
Raleigh, NC 27607
Phone: (919) 784 - 4696

UNC Rex Wellness Center of Wakefield
11200 Galleria Avenue
Raleigh, NC 27614
Phone: (919) 570 - 1511

UNC Rex Healthcare offers skilled rehabilitation services from your hospital stay to the outpatient setting.
Vidant Medical Center
2100 Stantonsburg Rd.
Greenville, NC 27835

Pre-Admissions: (252) 847 – 4400
TBI Clinic: (252) 847 – 6603
www.vidanthealth.com/rehab

Vidant Medical Center
Pediatric Rehabilitation Therapy Program
David Geissler, PhD
2100 Stantonsburg Rd.
Greenville, NC 27835

Phone: (252) 847 - 2087
www.vidanthealth.com/outpatientpedsrehab
david.geissler@vidanthealth.com

Offers a continuum of services including inpatient rehabilitation with TBI treatment and outpatient services including aquatic therapy, neuropsychological and vocational evaluation and counseling, and vestibular rehabilitation.

Wake Forest Baptist Health
J. Paul Sticht Center on Aging and Rehabilitation
1 Medical Center Boulevard
Winston-Salem, NC 27157

Phone: (336) 713 – 8500
www.wakehealth.edu

The J. Paul Sticht Center on Aging and Rehabilitation offers acute care, rehabilitation, psychiatry, and sub-acute care for persons with brain injury. The inpatient rehabilitation unit serves patients 13 and older with head trauma. There is a special 12-bed Acquired Brain Injury Unit designed to assist persons with brain injury.

WakeMed Rehabilitation Hospital
3000 New Bern Avenue
Raleigh, NC 27610

Phone: (919) 350-7876
www.wakemed.org/rehab-hospital

Whitaker Rehabilitation Center (Novant Health)
3333 Silas Creek Parkway
Winston-Salem, NC 27103

Phone: (336) 718 – 6700
www.forsythmedicalcenter.org

Whitaker Rehabilitation Center maintains a Brain Injury Unit, which provides comprehensive rehabilitation services. Inpatient and outpatient therapies are available.