

BRAIN INJURY SUPPORT GROUPS

Brain injury support groups are important sources of support and information for survivors, families, and professionals. These groups provide emotional support, networking opportunities, and invaluable advice for navigating the difficult path of recovery after a brain injury. If you do not find a support group in your area, contact the Brain Injury Association of NC to learn about resources in your area, or let us know if you want to help get a new group started.

Asheville, NC

Western NC Brain Injury Support Network
Meets: 1st and 3rd Wednesdays – 4:00-5:00 p.m.
CarePartners Health Services (Family Conference Room)
68 Sweeten Creek Rd
Asheville, NC 28803

Karen Keating: (828) 337-0208
karen.keating@bianc.net

Boone, NC

Boone TBI Support Group
Every Friday (on Appalachian State Univ. Schedule) 9:30 am – 11:30 am
Institute for Health and Human Services
Charles E. and Geneva S. Scott Rite Communication Disorders Clinic
400 University Hall Drive
Room 102
Boone, NC 28607

Louise Keegan : (828) 262 – 2185
(828) 262 – 8313
keeganlc@appstate.edu
Website: Mindmattersboone.wordpress.com

Cary, NC

TBI/AB I/Stroke Support Group
1st Monday of Each Month, 6:30 – 8:00 pm
WakeMed Cary Hospital
Conference “Board Room”
1900 Kildaire Farm Rd
Cary, NC

Norman Case: (919) 244 - 6221
norman.case.soaringeagle@gmail.com
Brooke Hinnant
Brooke.W.Hinnant@gmail.com

Chapel Hill, NC

UNC Rehabilitation Brain Injury Support
Third Wednesday of each month, 1:00 – 2:00 pm
Center for Rehabilitation Care
1807 North Fordham Boulevard
Chapel Hill, NC 27514

Blaise Morrison, PhD, CRC: (919) 843-7385*blaise_morrison@med.unc.edu***Charlotte, NC**

Charlotte Area Brain Injury Alliance
1st Tuesday of each month, 6:30 – 8:00 pm
Carolinas Rehabilitation
Private Dining Room
1100 Blythe Boulevard
Charlotte, NC 28203

Sally Rickard: (704) 960 – 0561*sally.rickard@bianc.net***(704) 355 – 2620****Charlotte, NC**

Couples Night Out/Spouse Support
Meets: Third Saturday at 5:30 pm (Jan, March, May, July, Sept. and November)
Location: John's Family Restaurant on Westinghouse Blvd., Charlotte

Barbara Westphal: (704) 547 – 1563*wwestpha@bellsouth.net***Charlotte, NC**

LOBIS: Loved Ones of Brain Injury Survivors
Meets: 1st Saturday each month at 11:00 am
"A group for us (Caregivers). Join others who understand the impact of brain injury on the family".

Renee Johnson (980) 263-9670*Triumphservices365@gmail.com*

Sponsored by: Triumph Services

University City United Methodist Church
Room 110- Church office building (in rear)
3835 West WT Harris Blvd. Charlotte, NC 28269

Concord, NC

Cabarrus County Brain Injury Support Group
3rd Monday of each month, 6:00 PM

Todd B. Bennett: (704) 403 – 0104*Todd.Bennett@carolinashealthcare.org*

Carolinas Rehabilitation-NE
Hospital Cafe
487 Lake Concord Road NE
Concord, NC 28025

Durham, NC

Duke Raleigh Brain Aneurysm & AVM Support Group
2nd Monday of every other month from 6:30 – 8:00pm.
Duke Raleigh Hospital
Medical Office Building 7 (Cardinal Room)
3400 Wake Forest Rd
Raleigh, NC 27609

Lazaro Gonzales, JR, PA-C (919) 681-8709

lazarogonzales@duke.edu

Fayetteville, NC

Fayetteville Brain Injury Support Group
2nd Tuesday of each month, 6:30 – 8:00 pm
(15-23 years old encouraged: May have separate meeting)
Kiwanis Recreation Center
352 Devers Street
Fayetteville, NC 28303

Ellen Morales: (910) 309 - 4860

therosecenter@nc.rr.com

Gastonia, NC

Third Tuesday of the month, 6:00 pm – 7:00 pm
Serves Gaston, Lincoln & Cleveland counties
ComServ
1541 Delta Drive
Gastonia, NC 28052

Patricia (Pat) Haithcox: (704) 736 – 5307

phaithcox@comserve.org

Shanda Daniels: (704) 772 – 4291**Goldsboro, NC**

Wayne County Brain Injury Support Group
2nd Saturday of each month, 10:00 – 11:30 am
Peggy Seegars Senior Center
2001 E. Ash Street
Goldsboro, NC 27533

Pier Protz, CBIS: (919) 394 – 1091

piertarrant@renulife.org

Martha Brown, CBIS: (252) 481 – 5679**Greensboro, NC**

Greensboro Brain Injury Support Group
2nd Tuesday of each month, 7:00 – 8:30 pm
Cone Health System Inpatient Rehabilitation Hospital
4th floor (4West Unit Day Room)
1200 N. Elm Street
Greensboro, NC 27401

Lucy Hoyle, LCSW: (336) 832 – 7450

(336) 430-4387 (cell)

lucy.hoyle@conehealth.com

Greenville, NC

Greenville Brain Injury Support Group
2nd Monday of each month, 6:30 PM – 8:00 PM
Regional Rehabilitation Center
Vidant Medical Center
2100 Statonsburg Road
Greenville, NC 27834

Xavier Fullerton: (252) 565 - 8983

xfullerton@communitypartnerships.org

Haw River, NC

Burlington / Mebane TBI Warrior Support Group
2nd Monday of each month, 6:30 PM – 8:00 PM
The Lambs Chapel
415 Roxboro Street
Haw River, NC 27258

Tiffany McCulloch: (336) 264-8001

danceintheson@nc.rr.com

Norman Case (919) 244-6221

norman.case.soaringeagle@gmail.com

Henderson, NC

Kerr Lake Support Group (Franklin, Granville, Warren, Vance counties)
2nd Tuesday of each month, 6:00 pm
Maria Parham Hospital
566 Ruin Creek Road
Henderson, NC 27536

Nina Kalleh: (919) 810 – 7507

ninataylorkalleh@gmail.com

Hickory, NC

Hickory Brain Injury Support Group
4th Tuesday each month, 6:00 – 7:30 pm
First United Methodist Church
311 3rd Ave NE
Hickory, NC 28601

Travis Glass: (828) 781-0778

travis@crossroadscounseling.org

Note: Times and locations periodically vary – call for information.

High Point, NC

Brain Injury Alliance of High Point
Meets: 1st Tuesday of every 4th month (January, May, September)
Millis Health Education Center
600 North Elm Street
High Point, NC 27401

Kitty Barringer: (336) 713 – 8582

kitty.barringer@bianc.net

Huntersville, NC

Caregiver Group (Call for details)
Meets at Hinds' Feet Farm

704-992-1424**Jacksonville, NC (and Camp Lejeune)**

TBI/Neuro Group: (Military, Families, and Civilians)
Brain Injury Education group for everyone!
1st Tuesday of each month: 6:00 pm – 7:30 pm
Onslow Memorial Hospital
Education Building (Room 2) (On left when facing Hospital)
317 Western Boulevard
Jacksonville, NC 28542

Susan Fewell: (919) 618 – 3003

susan.fewell@bianc.net

Jacksonville, NC

Right Hand Angels Brain Injury Group
Group not meeting currently: Available for help with military benefits or pediatric resources

Robin & Heath Totsch: (843) 685 – 6252

righthandangels@gmail.com

Jefferson, NC

Group not currently meeting: Call for regional resources

Wylene Taylor 336-246-4542

wtaylor@daymarkrecovery.org

Lake Norman, NC

Lake Norman Brain Injury Support Network

4th Monday of each month, 7:00 – 8:30 pm

*Group does not meet in May or December

Lake Norman Regional Medical Center (Classroom A)

171 Fairview Road

Mooresville, NC 28117

Sylvia Whitmire: (704) 224 – 6069

sylvia@brainrehabspecialist.com

Monroe, NC

Union County Area Brain Injury Support Network

1st Monday of each month at 6:00 p.m.

Carolinas Medical Center - Union

Edward's Cancer Center

600 Hospital Drive

Monroe, NC 28112

Laura Gray: (704) 578 – 5043

lauragraySLP@gmail.com

Multiple Locations

Wounded Warrior Project (Military Only)

Phone: (888) 997 – 2586

info@woundedwarriorproject.org

New Bern, NC

Coastal Brain Injury Support Group

1st Saturday of each month, 10:00 a.m. – 12:00 p.m.

The HomePlace

1309 McCarthy Blvd.

New Bern, NC 28562

Phone: (252) 670 – 6625**Raleigh, NC**

Triangle Brain Injury Support Group (Everyone welcome)

3rd Tuesday of each month, 6:30 – 8:00 pm

Norvel Turner

WakeMed Rehab Hospital

1st floor: Conference/Dining area

3000 New Bern Avenue

Raleigh, NC 27610

Reidsville, NC

Rockingham County Brain Injury & Stroke Support Group
Meets 3rd Monday of each month: 1:30 p.m.
LEAF Center
104 N. Washington Avenue
Reidsville, NC 27320

Casey Cockerham, PTA, LMBT, CBIS 336-552-4696

casey.cockerham@conehealth.com

Rocky Mount, NC

Emily Ellis Brain Injury and Stroke Support Group
Each Thursday, 5:00-6:00 PM
Bryant T. Aldridge Rehab Center (Bridge Gym Area)
2400 Medpark Drive
Rocky Mount, NC 27804

Tabitha Jackson: (252) 962 – 3711

tnjackson@nhcs.org

Salisbury, NC

Rowan County Brain Injury Support Group
Meet: 4th Thursday of every month, 7:00-9:00 PM.
ARC office
108 Dorsett Drive
Salisbury, NC 28144

Nadine Cherry: (980) 622 – 7732

NCherry@ctc.net

Wake Forest, NC

Wake Forest Brain Injury/Stroke Support Group
900 S. Franklin St., Suite 201
Wake Forest, NC 27587
Meet: 2nd Monday of each month, 6:30-8:00 p.m.

Brooke W. Hinnant: (919) 812-6390

Email: Brooke.W.Hinnant@gmail.com

Wilmington, NC

Wilmington Brain Injury Support Group
2nd Monday of each month, 6:00 – 7:00 pm

Morgan Lankford: (910) 667-7062

juxon.lankford@nhrmc.org

Kelsey Lucas: (910) 667-6505

Kelsey.lucas@nhrmc.org,

New Hanover Rehabilitation Hospital
(1st floor lobby)
2131 South 17th Street
Wilmington, NC 28401

Winston-Salem, NC

Peer-to-Peer Support/Information Group
St. Timothy's Episcopal Church (classroom annex)
2575 Parkway Dr.
Winston-Salem, NC 27103
Meets: 1st Monday of each month at 6:00 p.m.

Denzil Strickland

braininjurysurvivors@yahoo.com

braininjurysurvivors.net