

BRAIN INJURY SUPPORT GROUPS

Brain injury support groups are important sources of support and information for survivors, families, and professionals. These groups provide emotional support, networking opportunities, and invaluable advice for navigating the difficult path of recovery after a brain injury. If you do not find a support group in your area, contact the Brain Injury Association of NC to learn about resources in your area, or let us know if you want to help get a new group started.

Asheville, NC

Western NC Brain Injury Support Network
Meets: 1st and 3rd Wednesdays – 4:00-5:00 pm
CarePartners Health Services (Family Conference Room)
68 Sweeten Creek Rd
Asheville, NC 28803

Karen Keating: (828) 337-0208

karen.keating@bianc.net

Cary, NC

TBI/AB I/Stroke Support Group
1st Monday of Each Month, 6:30 – 8:00 pm

Norman Case: (919) 244 - 6221

norman.case.soaringeagle@gmail.com

WakeMed Cary Hospital
Conference “Board Room”
1900 Kildaire Farm Rd
Cary, NC

Chapel Hill, NC

UNC Rehabilitation Brain Injury Support
Third Wednesday of each month, 1:00 – 2:00 pm
Center for Rehabilitation Care
1807 North Fordham Boulevard
Chapel Hill, NC 27514

Blaise Morrison, PhD, CRC: (919) 843-7385

blaise_morrison@med.unc.edu

Charlotte, NC

Charlotte Area Brain Injury Alliance
1st Tuesday of each month, 6:30 – 8:00 pm
Carolinas Rehabilitation
Private Dining Room
1100 Blythe Boulevard
Charlotte, NC 28203

Sally Rickard: (704) 960 – 0561

sally.rickard@bianc.net

(704) 355 – 2620

Charlotte, NC

Couples Night Out/Spouse Support

Meets: Third Saturday at 5:30 pm (Jan, March, May, July, Sept. and November)

Location: John's Family Restaurant on Westinghouse Blvd., Charlotte

Barbara Westphal: (704) 547 – 1563

wwestpha@bellsouth.net

Charlotte, NC

LOBIS: Loved Ones of Brain Injury Survivors

Meets: 1st Saturday each month at 11:00 am

"A group for us (Caregivers). Join others who understand the impact of brain injury on the family".

Renee Johnson (980) 263-9670

Triumphservices365@gmail.com

Sponsored by: Triumph Services

University City United Methodist Church

Room 110- Church office building (in rear)

3835 West WT Harris Blvd. Charlotte, NC 28269

Concord, NC

Cabarrus County Brain Injury Support Group

3rd Monday of each month, 6:00 PM

Carolinas Rehabilitation-NE

Hospital Cafe

487 Lake Concord Road NE

Concord, NC 28025

Todd B. Bennett: (704) 403 – 0104

Todd.Bennett@carolinashealthcare.org

Durham, NC

Duke Raleigh Brain Aneurysm & AVM Support Group

2nd Monday of every other month from 6:30 – 8:00pm.

Duke Raleigh Hospital

Medical Office Building 7 (Cardinal Room)

3400 Wake Forest Rd

Raleigh, NC 27609

Lazaro Gonzales, JR, PA-C (919) 681-8709

lazarogonzales@duke.edu

Fayetteville, NC

Fayetteville Brain Injury Support Group

2nd Tuesday of each month, 6:30 – 8:00 pm

(15-23 years old encouraged: May have separate meeting)

Carolina Highlands Senior Condominiums

1919 Fordham Drive

Fayetteville, NC 28303

Ellen Morales: (910) 309 - 4860

therosecenter@nc.rr.com

Gastonia, NC

Third Tuesday of the month, 6:00 pm – 7:00 pm

Serves Gaston, Lincoln & Cleveland counties

ComServ

1541 Delta Drive

Gastonia, NC 28052

Patricia (Pat) Haithcox: (704) 736 – 5307

phaithcox@comserve.org

Shanda Daniels: (704) 772 – 4291

Goldsboro, NC

Wayne County Brain Injury Support Group
2nd Saturday of each month, 10:00 – 11:30 am
Peggy Seegars Senior Center
2001 E. Ash Street
Goldsboro, NC 27533

Pier Protz, CBIS: (919) 394 – 1091
piertarrant@renulife.org
Martha Brown, CBIS: (252) 481 – 5679

Greensboro, NC

Greensboro Brain Injury Support Group
2nd Tuesday of each month, 7:00 – 8:30 pm
Cone Health System Inpatient Rehabilitation Hospital
4th floor (4West Unit Day Room)
1200 N. Elm Street
Greensboro, NC 27401

Lucy Hoyle, LCSW: (336) 832 – 7450
(336) 430-4387 (cell)
lucy.hoyle@conehealth.com

Haw River, NC

Burlington / Mebane TBI Warrior Support Group
2nd Monday of each month, 6:30 PM – 8:00 PM
The Lambs Chapel
415 Roxboro Street
Haw River, NC 27258

Tiffany McCulloch: (336) 264-8001
danceintheson@nc.rr.com

Henderson, NC

Kerr Lake Support Group (Franklin, Granville, Warren, Vance counties)
2nd Tuesday of each month, 6:00 pm
Maria Parham Hospital
566 Ruin Creek Road
Henderson, NC 27536

Nina Kalleh: (919) 810 – 7507
ninataylorkalleh@gmail.com

Hickory, NC

Hickory Brain Injury Support Group
4th Tuesday each month, 6:00 – 7:30 pm
First United Methodist Church
311 3rd Ave NE
Hickory, NC 28601
Note: Times and locations periodically vary – call for information.

Travis Glass: (828) 781-0778
travis@crossroadscounseling.org

High Point, NC

Brain Injury Alliance of High Point
Meets: 1st Tuesday of every 4th month (January, May, September)
Millis Health Education Center
600 North Elm Street
High Point, NC 27401

Kitty Barringer: (336) 713 – 8582
kitty.barringer@bianc.net

Huntersville, NC

Caregiver Group (Call for details)

Meets at Hinds' Feet Farm

704-992-1424

Jefferson, NC

Group not currently meeting: Call for regional resources

Wylene Taylor 336-246-4542

wtaylor@daymarkrecovery.org

Lake Norman, NC

Lake Norman Brain Injury Support Network

4th Monday of each month, 7:00 – 8:30 pm

*Group does not meet in May or December

Lake Norman Regional Medical Center (Classroom A)

171 Fairview Road

Mooresville, NC 28117

Sylvia Whitmire: (704) 224 – 6069

sylvia@brainrehabspecialist.com

Monroe, NC

Union County Area Brain Injury Support Network

1st Monday of each month at 6:00 p.m.

Carolinas Medical Center - Union

Edward's Cancer Center

600 Hospital Drive

Monroe, NC 28112

Laura Gray: (704) 578 – 5043

lauragraySLP@gmail.com

Multiple Locations

Wounded Warrior Project (Military Only)

Phone: (888) 997 – 2586

info@woundedwarriorproject.org

New Bern, NC

Coastal Brain Injury Support Group

1st Saturday of each month, 10:00 a.m. – 12:00 p.m.

The HomePlace

1309 McCarthy Blvd.

New Bern, NC 28562

Amy Davis

Phone: (252) 670 – 6625

Raleigh, NC

Triangle Brain Injury Support Group (Everyone welcome)

3rd Tuesday of each month, 6:30 – 8:00 pm

WakeMed Rehab Hospital

1st floor: Conference/Dining area

3000 New Bern Avenue

Raleigh, NC 27610

Jerry Chavez (Chaplain)

Phone: (919) 350 - 8559

jchavez@wakemed.org

Susan Fewell

Phone: (919) 618 - 3003

susan.fewell@bianc.net

Reidsville, NC

Rockingham County Brain Injury & Stroke Support Group
Meets 3rd Monday of each month: 1:30 p.m.
LEAF Center
104 N. Washington Avenue
Reidsville, NC 27320

Casey Cockerham, PTA, LMBT, CBIS 336-552-4696

casey.cockerham@conehealth.com

Rocky Mount, NC

Emily Ellis Brain Injury and Stroke Support Group
Each Thursday, 5:00-6:00 PM
Bryant T. Aldridge Rehab Center (Bridge Gym Area)
2400 Medpark Drive
Rocky Mount, NC 27804

Tabitha Jackson: (252) 962 – 3711

tnjackson@nhcs.org

Swansboro, NC – Onslow County

TBI/Neuro Group

Brain Injury Education group for everyone!
1st Tuesday of each month: 6:00 pm – 7:30 pm
Swansboro First Baptist Church
Family Life Center – Room 212
614 W. Corbett Avenue
Swansboro, NC 28584

Susan Fewell: (919) 618 – 3003

susanbianc@gmail.com

Wake Forest, NC

Wake Forest Brain Injury/Stroke Support Group
900 S. Franklin St., Suite 201
Wake Forest, NC 27587
Meet: 2nd Monday of each month, 6:30-8:00 p.m.

Brooke W. Hinnant: (919) 812-6390

Email: Brooke.W.Hinnant@gmail.com

Wilmington, NC

Wilmington Brain Injury Support Group
2nd Monday of each month, 6:00 – 7:00 pm

New Hanover Rehabilitation Hospital
(1st floor lobby)
2131 South 17th Street
Wilmington, NC 28401

Morgan Lankford: (910) 667-7062

juxon.lankford@nhrmc.org

Kelsey Lucas: (910) 667-6505

Kelsey.lucas@nhrmc.org,

Winston-Salem, NC

Peer-to-Peer Support/Information Group
St. Timothy's Episcopal Church (classroom annex)
2575 Parkway Dr.
Winston-Salem, NC 27103
Meets: 1st Monday of each month at 6:00 p.m.

Denzil Strickland

braininjurysurvivors@yahoo.com

braininjurysurvivors.net