BRAIN INJURY SUPPORT GROUPS

Brain injury support groups are important sources of support and information for survivors, families, and professionals. These groups provide emotional support, networking opportunities, and invaluable advice for navigating the difficult path of recovery after a brain injury. If you do not find a support group in your area, contact the Brain Injury Association of NC to learn about resources in your area, or let us know if you want to help get a new group started.

Asheville, NC

Western NC Brain Injury Support Network
Meets: 1st and 3rd Wednesdays – 4:00-5:00 pm
CarePartners Health Services (Family Conference Room)
68 Sweeten Creek Rd
Asheville, NC 28803

Karen Keating: (828) 337-0208
karen.keating@bianc.net

Cary, NC

TBI/ABI/Stroke Support Group
3rd Wednesday of Each Month, 7:00 – 8:30 pm
WakeMed Cary Hospital
Conference “Board Room”
1900 Kildaire Farm Rd
Cary, NC

Norman Case: (919) 244-6221
norman.case.soaringeagle@gmail.com

Chapel Hill, NC

UNC Rehabilitation Brain Injury Support
Third Wednesday of each month, 1:00 – 2:00 pm
Center for Rehabilitation Care
1807 North Fordham Boulevard
Chapel Hill, NC 27514

Blaise Morrison, PhD, CRC: (919) 843-7385
blaise_morrison@med.unc.edu

Charlotte, NC

Charlotte Area Brain Injury Alliance
1st Tuesday of each month, 6:30 – 8:00 pm
Carolinas Rehabilitation
Private Dining Room
1100 Blythe Boulevard
Charlotte, NC 28203

Sally Rickard: (704) 960-0561
sally.rickard@bianc.net
(704) 355-2620
<table>
<thead>
<tr>
<th>Location</th>
<th>Contact Person</th>
<th>Phone Number</th>
<th>Email</th>
<th>Details</th>
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</thead>
<tbody>
<tr>
<td>Charlotte, NC</td>
<td>Barbara Westphal</td>
<td>(704) 547 – 1563</td>
<td><a href="mailto:wwestpha@bellsouth.net">wwestpha@bellsouth.net</a></td>
<td>Couples Night Out/Spouse Support</td>
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<td>Meets: Third Saturday at 5:30 pm (Jan, March, May, July, Sept. and November)</td>
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<td>Location: John’s Family Restaurant on Westinghouse Blvd., Charlotte</td>
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<tr>
<td>Charlotte, NC</td>
<td>Renee Johnson</td>
<td>(980) 263-9670</td>
<td><a href="mailto:Triumphservices365@gmail.com">Triumphservices365@gmail.com</a></td>
<td>LOBIS: Loved Ones of Brain Injury Survivors</td>
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<td>Meets: 1st Saturday each month at 11:00 am</td>
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<td>&quot;A group for us (Caregivers). Join others who understand the impact of brain injury on the family&quot;</td>
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<td>University City United Methodist Church</td>
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<td>Room 110- Church office building (in rear)</td>
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<td>3835 West WT Harris Blvd. Charlotte, NC 28269</td>
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<td>Concord, NC</td>
<td>Todd B. Bennett</td>
<td>(704) 403 – 0104</td>
<td><a href="mailto:Todd.Bennett@carolinashealthcare.org">Todd.Bennett@carolinashealthcare.org</a></td>
<td>Cabarrus County Brain Injury Support Group</td>
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<td>3rd Monday of each month, 6:00 PM</td>
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<td>Carolinas Rehabilitation-NE</td>
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<td>487 Lake Concord Road NE</td>
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<td>Concord, NC 28025</td>
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<tr>
<td>Durham, NC</td>
<td>Lazaro Gonzales, JR, PA-C</td>
<td>(919) 681-8709</td>
<td><a href="mailto:lazaro1gonzales@duke.edu">lazaro1gonzales@duke.edu</a></td>
<td>Duke Raleigh Brain Aneurysm &amp; AVM Support Group</td>
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<td>2nd Monday of every other month from 6:30 – 8:00pm.</td>
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<td>Duke Raleigh Hospital</td>
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<td>Medical Office Building 7 (Cardinal Room)</td>
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<td>3400 Wake Forest Rd</td>
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<td>Raleigh, NC 27609</td>
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<td>Fayetteville, NC</td>
<td>Ellen Morales</td>
<td>(910) 309-4860</td>
<td><a href="mailto:therosecenter@nc.rr.com">therosecenter@nc.rr.com</a></td>
<td>Fayetteville Brain Injury Support Group</td>
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<td>2nd Tuesday of each month, 6:30 – 8:00 pm</td>
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<td>(15-23 years old encouraged: May have separate meeting)</td>
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<td>Carolina Highlands Senior Condominiums</td>
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<td>1919 Fordham Drive</td>
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<td>Fayetteville, NC 28303</td>
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<tr>
<td>Gastonia, NC</td>
<td>Patricia (Pat) Haithcox</td>
<td>(704) 736 – 5307</td>
<td><a href="mailto:phaithcox@comserve.org">phaithcox@comserve.org</a></td>
<td>Third Tuesday of the month, 6:00 pm – 7:00 pm</td>
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<td>Serves Gaston, Lincoln &amp; Cleveland counties</td>
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<td>1541 Delta Drive</td>
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<td>Gastonia, NC 28052</td>
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Goldsboro, NC
Wayne County Brain Injury Support Group
2nd Saturday of each month, 10:00 – 11:30 am
Peggy Seegars Senior Center
2001 E. Ash Street
Goldsboro, NC 27533

Greensboro, NC
Greensboro Brain Injury Support Group
2nd Tuesday of each month, 7:00 – 8:30 pm
Cone Health System Inpatient Rehabilitation Hospital
4th floor (4West Unit Day Room)
1200 N. Elm Street
Greensboro, NC 27401

Haw River, NC
Burlington / Mebane TBI Warrior Support Group
2nd Monday of each month, 6:30 PM – 8:00 PM
The Lambs Chapel
415 Roxboro Street
Haw River, NC 27258

Henderson, NC
Kerr Lake Support Group (Franklin, Granville, Warren, Vance counties)
2nd Tuesday of each month, 6:00 pm
Maria Parham Hospital
566 Ruin Creek Road
Henderson, NC 27536

Hickory, NC
Hickory Brain Injury Support Group
4th Tuesday each month, 6:00 – 7:30 pm
First United Methodist Church
311 3rd Ave NE
Hickory, NC 28601
Note: Times and locations periodically vary – call for information.

High Point, NC
Brain Injury Alliance of High Point
Meets: 1st Tuesday of every 4th month (January, May, September)
Millis Health Education Center
600 North Elm Street
High Point, NC 27401

Pier Protz, CBIS: (919) 394 – 1091
piertarrant@renulife.org
Martha Brown, CBIS: (252) 481 – 5679

Lucy Hoyle, LCSW: (336) 832 – 7450
(336) 430-4387 (cell)
lucy.hoyle@conehealth.com

Tiffany McCullock: (336) 264-8001
danceintheson@nc.rr.com

Nina Kalleh: (919) 810 – 7507
ninataylorkalleh@gmail.com

Travis Glass: (828) 781-0778
travis@crossroadscounseling.org

Kitty Barringer: (336) 713 – 8582
kitty.barringer@bianc.net
Huntersville, NC
Caregiver Group (Call for details)
Meets at Hinds’ Feet Farm

Jefferson, NC
Group not currently meeting: Call for regional resources

Lake Norman, NC
Lake Norman Brain Injury Support Network
4th Monday of each month, 7:00 – 8:30 pm
*Group does not meet in May or December
Lake Norman Regional Medical Center (Classroom A)
171 Fairview Road
Mooresville, NC 28117

Monroe, NC
Union County Area Brain Injury Support Network
1st Monday of each month at 6:00 p.m.
Carolinias Medical Center - Union
Edward’s Cancer Center
600 Hospital Drive
Monroe, NC 28112

Multiple Locations
Wounded Warrior Project (Military Only)

New Bern, NC
Coastal Brain Injury Support Group
1st Saturday of each month, 10:00 a.m. – 12:00 p.m.
The HomePlace
1309 McCarthy Blvd.
New Bern, NC 28562

Raleigh, NC
Triangle Brain Injury Support Group (Everyone welcome)
3rd Tuesday of each month, 6:30 – 8:00 pm
WakeMed Rehab Hospital
1st floor: Conference/Dining area
3000 New Bern Avenue
Raleigh, NC 27610
Reidsville, NC  
Rockingham County Brain Injury & Stroke Support Group  
Meets 3rd Monday of each month: 1:30 p.m.  
LEAF Center  
104 N. Washington Avenue  
Reidsville, NC 27320  
Casey Cockerham, PTA, LMBT, CBIS  336-552-4696  
casey.cockerham@conehealth.com

Rocky Mount, NC  
Emily Ellis Brain Injury and Stroke Support Group  
Each Thursday, 5:00-6:00 PM  
Bryant T. Aldridge Rehab Center (Bridge Gym Area)  
2400 Medpark Drive  
Rocky Mount, NC 27804  
Tabitha Jackson: (252) 962 – 3711  
tnjackson@nhcs.org

Swansboro, NC – Onslow County  
TBI/Neuro Group  
Brain Injury Education group for everyone!  
1st Tuesday of each month: 6:00 pm – 7:30 pm  
Swansboro First Baptist Church  
Family Life Center – Room 212  
614 W. Corbett Avenue  
Swansboro, NC 28584  
Susan Fewell: (919) 618 – 3003  
susanbianc@gmail.com

Wake Forest, NC  
Wake Forest Brain Injury/Stroke Support Group  
900 S. Franklin St., Suite 201  
Wake Forest, NC 27587  
Meet: 2nd Monday of each month, 6:30-8:00 p.m.  
Brooke W. Hinnant: (919) 812-6390  
Email: Brooke.W.Hinnant@gmail.com

Winston-Salem, NC  
Peer-to-Peer Support/Information Group  
St. Timothy’s Episcopal Church (classroom annex)  
2575 Parkway Dr.  
Winston-Salem, NC 27103  
Meets: 1st Monday of each month at 6:00 p.m.  
Denzil Strickland  
braininjurysurvivors@yahoo.com  
braininjurysurvivors.net

Winston-Salem, NC  
Casey Cockerham, PTA, LMBT, CBIS  336-552-4696  
casey.cockerham@conehealth.com