DAY AND CLUBHOUSE PROGRAMS

A Brain Injury Clubhouse or day program is a community center for individuals living with the effects of a brain injury. These facilities offer a safe environment for people with brain injuries to socialize and receive services that improve their quality of life. For more details, please visit our [Day Programs and Activity Service Description](#) page.

Appalachian Community Services
https://www.acswn.com

Blessed Assurance Adult Day Care and Health Services
13001 Idlewood Road
Matthews, NC 28105

*Blessed Assurance provides day programs for individuals with physical and intellectual disabilities. Their goal is to preserve the dignity and enhance the quality of life for those they serve through a caring, stimulating, therapeutic, and enjoyable environment.*

CarePartners Health Services
68 Sweeten Creek Road
Asheville, NC 28803

*CarePartners Health Services offers a full continuum of health services for adults and children beginning at age 14 with brain injuries. Services include adult day services and adult day care.*

Club REACH
WakeMed Health Park
3000 New Bern Avenue
Raleigh, NC 27610

*Club REACH is an interactive program designed for individuals who no longer need hospital care, but who have activity limitations. Activities include: organized recreation programs, health & leisure education, supportive counseling, spiritual opportunities, and group exercise classes.*

Elderhaus Pace Program
2222 S. 17th Street
Wilmington, NC 28401

Phone: (910) 343 – 8209
www.elderhaus.com
Family Preservation Services of NC, Inc.
Carolina House
2300 Sardis Road North, Ste. M
Charlotte, NC 28227

Gateway Clubhouse
1805 Garner Station Blvd.
Raleigh, NC 27063

**Gateway Clubhouse** provides individuals with a brain injury the opportunity to participate in satisfying, purposeful activities in a supportive community environment. With the support of Clubhouse staff, members engage in social, recreational and work-oriented programs to use and develop practical and functional living skills.

GCF Nature Center Program
GCF Community Foundation
4808 Chin Page Road
Durham, NC 27703

**GCF Nature Center Program** works with adults with disabilities. Participants enjoy the Nature Center several hours a day, several days each week. The program is structured around the seasons of the year.

Hinds Feet Farm
Asheville
375 Hendersonville Rd.
Asheville, NC 28803

**Hinds Feet Farm**

**Hinds Feet Farm Day Program** is a paradigm shift from the traditional medical treatment model for people living with brain injury, to an Interdependent Community Model that embraces a holistic health and wellness orientation, empowering members toward occupation and meaning in life post-injury.
Life Enrichment Center
Kings Mountain
222 Kings Mountain Blvd.
Kings Mountain, NC 28086
Phone: (704) 739 – 4858
www.lifeenrichmentcenter.org

Shelby location
110 Life Enrichment Blvd.
Shelby, NC 28150
Phone: (704) 484 – 0405

*Life Enrichment Adult Day Care and Health Service* is a private, not-for-profit organization doing “whatever it takes” to help families stay together in the home and community by providing a wide range of services during the day for adults of all ages.

Life Experiences, Inc.
260 Towerview Court
Cary, NC 27513
Phone: (919) 467 – 1973
www.lifeexperiences.org

*Life Experiences* is a non-profit organization that offers a choice of satisfying work experiences for adults with varying disabilities, and at the same time allows those adults the self-esteem of earning a wage for their work.

LifeSpan Incorporated
1511 Shopton Road, Suite A
Charlotte, NC 28217
Phone: (704) 944 – 5100
www.lifespanservices.org

LifeSpan provides services in: Albemarle, Andrews, Burlington, Charlotte, Dobson, Greensboro, Monroe, Statesville, Troutman, and Waynesville

*LifeSpan’s mission is to support children and adults with developmental disabilities by providing education, employment, and enrichment programs that promote inclusion, choice, family supports, and other best practices. They have sites across Western North Carolina.*

LifeSpan Services – Cherokee County
https://www.lifespanservices.org/day-programs/cherokee-county

Meridian Behavioral Health Services
Phone: 828-631-3973
https://meridianbhs.org/
Peachtree Athletic and Rehabilitation Center (PARC)
3764 E. US Hwy 64 Alt.
Murphy, NC 28906
https://www.erlanger.org/erlanger-western-carolina-hospital/locations/parc

Piedmont Area Living Services
1201 South Boulevard
Charlotte, NC 28203

Piedmont Adult Living Services is an accredited facility of the North Carolina Department of Health and Human Services Division of Aging. They provide a high quality day health program for impaired adults as well as a comprehensive program keyed to serve the needs of the elderly and disabled adults.

Promise Resource Network
1041 Hawthorne Lane
Charlotte, NC 28205

The Total Life Centers
1110 Navaho Dr. Suite 400
Raleigh, NC 27609

Bond Park Total Life Center
120 Maury O'Dell Place
Cary, NC 27513

Creedmoor Road Total Life Center
6612 Creedmoor Rd.
Raleigh, NC 27613

Departure Drive Total Life Center
5124 Departure Dr. Suite 101
Raleigh, NC 27606

East Wake Total Life Center
323 Lake Dr.
Wendell, NC 27591

Garner Total Life Center
201 Methodist Dr.
Garner, NC 27529
Kirk Total Life Center
200 High Meadow Dr.
Cary, NC 27511

Phone: (919) 467 – 6906

The Total Life Centers are adult day service programs. The service offers needed care for ambulatory and semi-ambulatory dependent adults, especially those with memory loss and physical disabilities.