



919.833.9634

Help, Hope, and a Voice

www.bianc.net

DAY AND CLUBHOUSE PROGRAMS

A Brain Injury Clubhouse or day program is a community center for individuals living with the effects of a brain injury. These facilities offer a safe environment for people with brain injuries to socialize and receive services that improve their quality of life. For more details, please visit our [Day Programs and Activity Service Description](#) page.

Appalachian Community Services

<https://www.acswnc.com>

Blessed Assurance Adult Day Care and Health Services

13001 Idlewood Road
Matthews, NC 28105

Phone: (704) 845 – 1359

www.blessedadultcare.org

Blessed Assurance provides day programs for individuals with physical and intellectual disabilities. Their goal is to preserve the dignity and enhance the quality of life for those they serve through a caring, stimulating, therapeutic, and enjoyable environment.

CarePartners Health Services

68 Sweeten Creek Road
Asheville, NC 28803

Phone: (828) 277 – 4800

www.carepartners.org

CarePartners Health Services offers a full continuum of health services for adults and children beginning at age 14 with brain injuries. Services include adult day services and adult day care.

Club REACH

WakeMed Health Park
3000 New Bern Avenue
Raleigh, NC 27610

Phone: (919) 350 – 2997

www.wakemed.org/documents/rehab/clubreach08.pdf

Club REACH is an interactive program designed for individuals who no longer need hospital care, but who have activity limitations. Activities include: organized recreation programs, health & leisure education, supportive counseling, spiritual opportunities, and group exercise classes.

Elderhaus Pace Program

2222 S. 17th Street
Wilmington, NC 28401

Phone: (910) 343 – 8209

www.elderhaus.com



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Family Preservation Services of NC, Inc.

Phone: (704) 334-2600

Carolina House
2300 Sardis Road North, Ste. M
Charlotte, NC 28227

Gateway Clubhouse

Phone: (919) 662 – 0940

1805 Garner Station Blvd.
Raleigh, NC 27063

www.gatewayclubhouse.org

Gateway Clubhouse provides individuals with a brain injury the opportunity to participate in satisfying, purposeful activities in a supportive community environment. With the support of Clubhouse staff, members engage in social, recreational and work-oriented programs to use and develop practical and functional living skills.

GCF Nature Center Program

Phone: (919) 941 – 9600

GCF Community Foundation
4808 Chin Page Road
Durham, NC 27703

The Nature Center Program works with adults with disabilities. Participants enjoy the Nature Center several hours a day, several days each week. The program is structured around the seasons of the year.

Hinds Feet Farm

Phone: (828) 274 – 0570

Asheville
375 Hendersonville Rd.
Asheville, NC 28803

www.hindsfeetfarm.org

Huntersville

Phone: (704) 992 – 1424

14625 Black Farms Road
Huntersville, NC 28078

Hinds' Feet Farm Day Program is a paradigm shift from the traditional medical treatment model for people living with brain injury, to an Interdependent Community Model that embraces a holistic health and wellness orientation, empowering members toward occupation and meaning in life post-injury.



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Life Enrichment Center

Kings Mountain
222 Kings Mountain Blvd.
Kings Mountain, NC 28086

Phone: (704) 739 – 4858
www.lifeenrichmentcenter.org

Shelby location

110 Life Enrichment Blvd.
Shelby, NC 28150

Phone: (704) 484 – 0405

Life Enrichment Adult Day Care and Health Service is a private, not-for-profit organization doing “whatever it takes” to help families stay together in the home and community by providing a wide range of services during the day for adults of all ages.

Life Experiences, Inc.

260 Towerview Court
Cary, NC 27513

Phone: (919) 467 – 1973
www.lifeexperiences.org

Life Experiences is a non-profit organization that offers a choice of satisfying work experiences for adults with varying disabilities, and at the same time allows those adults the self-esteem of earning a wage for their work.

LifeSpan Incorporated

1511 Shopton Road, Suite A
Charlotte, NC 28217

Phone: (704) 944 – 5100
www.lifespanservices.org

LifeSpan provides services in: Albemarle, Andrews, Burlington, Charlotte, Dobson, Greensboro, Monroe, Statesville, Troutman, and Waynesville

LifeSpan’s mission is to support children and adults with developmental disabilities by providing education, employment, and enrichment programs that promote inclusion, choice, family supports, and other best practices. They have sites across Western North Carolina.

LifeSpan Services – Cherokee County

<https://www.lifespanservices.org/day-programs/cherokee-county>

Meridian Behavioral Health Services

<https://meridianbhs.org/>

Phone: 828-631-3973



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Peachtree Athletic and Rehabilitation Center (PARC)

3764 E. US Hwy 64 Alt.

Murphy, NC 28906

<https://www.erlanger.org/erlanger-western-carolina-hospital/locations/parc>

Piedmont Area Living Services

1201 South Boulevard

Charlotte, NC 28203

Phone: (704) 370 – 0093

Piedmont Adult Living Services is an accredited facility of the North Carolina Department of Health and Human Services Division of Aging. They provide a high quality day health program for impaired adults as well as a comprehensive program keyed to serve the needs of the elderly and disabled adults.

Promise Resource Network

1041 Hawthorne Lane

Charlotte, NC 28205

Phone: (704) 390-7709

www.promiseresourcenetwork.com

The Total Life Centers

1110 Navaho Dr. Suite 400

Raleigh, NC 27609

Phone: (919) 872 – 7933

www.ResourcesForSeniors.com

Bond Park Total Life Center

120 Maury O'Dell Place

Cary, NC 27513

Phone: (919) 460 – 9008

Creedmoor Road Total Life Center

6612 Creedmoor Rd.

Raleigh, NC 27613

Phone: (919) 676 – 5858

Departure Drive Total Life Center

5124 Departure Dr. Suite 101

Raleigh, NC 27606

Phone: (919) 873 – 1870

East Wake Total Life Center

323 Lake Dr.

Wendell, NC 27591

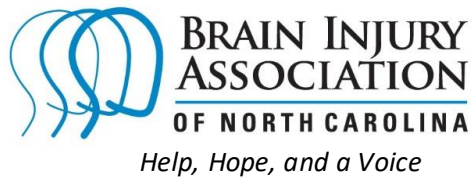
Phone: (919) 365 – 4248

Garner Total Life Center

201 Methodist Dr.

Garner, NC 27529

Phone: (919) 773 – 3790



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www.bianc.net

Kirk Total Life Center
200 High Meadow Dr.
Cary, NC 27511

Phone: (919) 467 – 6906

The Total Life Centers are adult day service programs. The service offers needed care for ambulatory and semi-ambulatory dependent adults, especially those with memory loss and physical disabilities.