RECREATIONAL & LEISURE

The following agencies offer specialized programs, which are designed to enhance the quality of life for individuals with brain injuries by providing opportunities for socialization, leisure activities, and psychological stimulation.

**Access of Wilmington**  
2021 Corporate Drive, Suite B  
Wilmington, NC 28405  
Phone: (910) 685 – 1550  
www.accessilm.org

**Adaptive Sports & Adventures Program**  
Carolinas Rehabilitation  
1100 Blythe Blvd  
Charlotte, NC 28203  
Phone: (704) 355 – 1062  
Email: asap@carolinas.org  
https://atriumhealth.org/medical-services/specialty-care/rehabilitation/community-programs-support-groups

*Adaptive sports program was designed to provide individuals with physical disabilities with recreational and sport activities, such as hand cycling, adaptive water-ski, adaptive snow skiing, wheelchair sports, and much more.*

**Arboretum Ability Garden**  
6206 Oleander Dr.  
Wilmington, NC 28405  
Phone: (910) 798 – 7660  
www.arboretum.nhcgov.com/gardens-programs/the-ability-garden

**Farm Ventures**  
363 Jerry Dixon Rd  
Leasburg, NC 27291  
Phone: (336) 598 – 4744

*Located on the Person County Group Homes, Farm Ventures promotes professionally facilitated therapeutic horseback riding.*

**Misty Meadow Mitey Riders**  
455 Providence Road South  
Waxhaw, NC 28173  
Phone: (704) 841 – 0602  
www.miteyriders.org

*Misty Meadow Mitey Riders offers assisted riding programs for disabled individuals.*
North Carolina Division of Parks and Recreation
1615 Mail Service Center
Raleigh, NC 27699

Provides information about the various services provided by the state parks.

Rocking Horse Ranch
1721 Blue Banks Farm Road
Greenville, NC 27834

Phone: (252) 752 – 0153
www.rhrnc.com

Rocking Horse Ranch is a not-for-profit organization that provides therapeutic and sports riding to children and adults with a variety of physical, psychological, and cognitive disabilities. The ultimate goal of the program is to improve each rider's functional abilities so that they become more independent, productive and active members of the community.

Shining Hope Farms
328 Whipporwill Lane
Mount Holly, NC 28120

Charlotte:
3701 Kidd Lane
Charlotte, NC 28216

Conover:
6347 St. Peter’s Church Road
Conover, NC 28613

Phone: (704) 827 – 3788
Email: shininghopefarms@gmail.com
www.shininghopefarms.org

Shining Hope Farms is an organization created for, but not limited to, people with disabilities. This nonprofit corporation combines therapeutic horseback riding, family and caregiver support, and social and recreational activities for children and adults.

Special Olympics
Main Office
2200 Gateway Center Blvd, Suite 201
Morrisville, NC 27560

Phone: (919) 719 – 7662
www.sonc.net

The mission of Special Olympics is to provide year-round sports training and athletic competition in a variety of Olympic-type sports for children and adults with intellectual disabilities, giving them continuing opportunities to develop physical fitness, demonstrate courage, experience joy and participate in a sharing of gifts, skills and friendship with their families, other Special Olympics athletes and the community.
**Summer Camp Directory**

*Family Support Network of North Carolina*

200 N. Greensboro Street  
Carr Mill Mall, 2nd Floor, Suite D-9  
Carrboro, NC 27510

A resource guide for families of individuals with special needs.

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**Victory Junction Gang Camp**

4500 Adam’s Way  
Randleman, NC 27317

The Victory Junction Gang Camp enriches the lives of children with chronic medical conditions or serious illnesses by providing life-changing camping experiences that are exciting, fun, and empowering, in a safe and medically sound environment.