

## INDEPENDENT LIVING SERVICES

Centers for Independent Living in North Carolina assist people with brain injuries in finding alternatives to institutionalization. These centers also provide Independent Living Skills (ILS) training to help individuals with brain injury learn how to re-acclimate to society. For more details, please visit our [Independent Living Information](#) page.

### **The Adaptables, Inc.**

Center for Independent Living  
3908 Westpont Blvd, Ste. B  
Winston-Salem, NC 27105

Counties Served: Davie, Davidson, Forsyth, Stokes, Surry, Yadkin

**Phone: (336) 767 – 7060**

Email: [theadaptables@theadaptables.com](mailto:theadaptables@theadaptables.com)  
<http://www.theadaptables.com>

*Adaptables encourages independent living for persons with disabilities by helping individuals with disabilities become more fully integrated into society rather than being separated from it.*

### **Alliance of Disability Advocates, Center for Independent Living**

3725 National Drive, Suite 105  
Raleigh, NC 27612

Counties Served: Wake, Durham, Franklin, Johnston, and Orange

**Phone: (919) 833 – 1117**

<http://adanc.org/#homepage>

*This nonprofit organization provides a variety of services such as individual & systems advocacy, information & referral, independent living skills training, peer mentoring & support, and community inclusion with the goal of increasing dignity, independence, and quality of life.*

### **Center for Volunteer Caregiving**

1150 SE Maynard Road, Suite 210  
Cary, NC 27511

**Phone: (919) 460 – 0567**

Email: [caregiving@ctrvolcare.org](mailto:caregiving@ctrvolcare.org)  
[www.volunteercaregiving.org](http://www.volunteercaregiving.org)

*The Center for Volunteer Caregiving provides transportation services to elderly (age 60+) Wake county residents and to adults (18-60) with long-term disabilities meeting certain screening criteria.*

### **Disability Advocates & Resource Center**

Eastern NC Center for Independent Living  
702-A Johns Hopkins Dr.  
Greenville, NC 27834

Counties Served: Beaufort, Pitt, Wilson

**Phone: (252) 355 – 6215**

Toll Free: (888) 541 – 7227  
<http://darcnc.org>

Email: [encil@gmail.com](mailto:encil@gmail.com)

*The Eastern North Carolina Center for Independent Living (ENC-CIL) is a non-profit organization, which empowers people with disabilities to achieve their desired level of independence.*

**Disability Partners – Asheville**

108 New Leicester Highway  
Asheville, NC 28806

Counties Served: Buncombe, Henderson, Madison, McDowell, Polk, Rutherford, Transylvania

**Phone: (828) 277 - 1977**  
[www.disabilitypartners.org](http://www.disabilitypartners.org)

*Disability Partners (formerly Pathways for the Future) is dedicated to increasing independence, changing attitudes, promoting equal access and building a peer support network in western North Carolina through the use of community education, independent living services and advocacy.*

**Disability Partners - Sylva**

525 Mineral Springs Drive  
Sylva, NC 28779

Counties Served: Haywood, Jackson, Macon, Swain, Cherokee, Graham, Clay

**Phone: (828) 631 – 1167**  
[www.disabilitypartners.org](http://www.disabilitypartners.org)

**Disability Resource Center - Wilmington**

140-A Cinema Drive  
Wilmington, NC 28403

Counties Served: New Hanover, Brunswick

**Phone: (910) 815 - 6618**  
<http://drcwilmington.org>

**Disability Rights and Resources**

5801 Executive Center Drive, Ste. 101  
Charlotte, NC 28212

Counties Served: Cabarrus, Gaston, Mecklenburg, Union

**Phone: (704) 537 – 0550**  
<http://www.disability-rights.org>

*They serve to guard the civil rights of people with disabilities as they promote empowerment and independent living.*

**Joy A. Shabazz Center CIL**

211 Commerce Place, Suite D  
Greensboro, NC 27401

Counties Served: Alamance, Caswell, Guilford, Randolph, Rockingham

**Phone: (336) 272 – 0501**  
<http://www.shabazzcil.org>

*Joy A. Shabazz Center is a nonprofit, consumer oriented, Center for Independent Living (CIL), providing advocacy, peer counseling and peer support, independent living skills training, information and referrals, with other related services for persons with disabilities.*

## STATE INDEPENDENT LIVING OFFICES

### **Administrative Office**

2801 Mail Service Center  
805 Ruggles Drive  
Raleigh, NC 27699

**Phone: (919) 855-3500**

### **Albemarle (Anson, Cabarrus, Montgomery, Richmond, Rowan, Stanly, Union) Phone: (704) 985 - 1172**

702 Henson Street  
Albemarle, NC 28001

Toll Free: (877) 699 - 7579

### **Asheville (Buncombe, Henderson, McDowell, Madison, Polk, Rutherford Transylvania)**

8 Barbetta Drive  
Asheville, NC 28607

**Phone: (828) 670 - 3377**

Toll Free: (877) 832 - 3832

### **Boone (Alleghany, Ashe, Avery, Mitchell, Watauga, Wilkes, Yancey)**

245 Winklers Creek, Suite A  
Boone, NC 28607

**Phone: (828) 265 - 5419**

Toll Free: (888) 521 - 5054

### **Charlotte (Gaston, Mecklenburg)**

5501 Executive Ctr. Dr., Suite 101  
Charlotte, NC 28212

**Phone: (704) 568 - 8804**

Toll Free: (888) 521 - 5484

### **Durham (Chatham, Durham, Lee, Orange, Person, Granville)**

4312 Western Park Place  
Durham, NC 27705

**Phone: (919) 560 - 6810**

Toll Free: (888) 666 - 4916

### **Elizabeth City (Bertie, Camden, Chowan, Currituck, Dare, Gates, Pasquotank) Phone: (252) 338 - 0175**

401 South Griffin St., Suite 75  
Elizabeth City, NC 27909

### **Fayetteville (Bladen, Cumberland, Harnett, Hoke, Roberson, Sampson, Moore, Scotland)**

155 Eastwood Ave.  
Fayetteville, NC 28301

**Phone (910) 486 - 1717**

Toll-Free (888) 258 - 1473

### **Greensboro (Alamance, Caswell, Guilford, Randolph, Rockingham)**

3401-A West Wendover Avenue  
Greensboro, NC 27407

**Phone: (336) 852 - 4523**

Toll Free: (877) 836 - 2858

**Greenville (Beaufort, Greene, Hyde, Lenoir, Pitt, Wayne)**  
101 Fox Haven Drive  
Greenville, NC 27835

**Phone: (252) 830 - 3471**

**Hickory (Alexander, Burke, Caldwell, Catawba, Cleveland, Iredell, Lincoln)**  
1261 10th Avenue Lane SE  
Hickory, NC 28602

**Phone: (828) 322 - 2921**  
Toll Free: (855) 820 - 1113

**New Bern (Carteret, Crave, Jones, Onslow, Pamlico)**  
2832 Neuse Blvd.  
New Bern, NC 28562

**Phone: (252) 514 - 4806**

**Raleigh (Franklin, Johnston, Vance, Wake, Warren)**  
4900 Waters Edge Drive  
Raleigh, NC 27606

**Phone: (919) 859 - 8301**

**Rocky Mount (Edgecombe, Halifax, Hertford, Martin, Nash, Northampton, Wilson)**  
Station Square, Suite 100  
Rocky Mount, NC 27804

**Phone: (252) 446 - 0867**

**Sylva (Cherokee, Clay, Graham, Haywood, Jackson, Macon, Swain)**  
100 Bonnie Lane, Suite C.  
Sylva, NC 28779

**Phone: (828) 586 - 3455**  
Toll Free: (877) 282 - 0753

**Wilmington (Brunswick, Columbus, Duplin, New Hanover, Pender)**  
3340 Jaeckle Drive, Suite 210  
Wilmington, NC 28403

**Phone: (910) 251 5810**

**Winston-Salem (Davison, Davie, Forsyth, Stokes, Surry, Yadkin)**  
2201 Brewer Rd.  
Winston-Salem, NC 27127

**Phone: (336) 784 - 2700**  
Toll Free: (877) 699 - 7578