

## BRAIN INJURY SUPPORT GROUPS

Brain injury support groups are important sources of support and information for survivors, families, and professionals. These groups provide emotional support, networking opportunities, and invaluable advice for navigating the difficult path of recovery after a brain injury. If you do not find a support group in your area, contact the Brain Injury Association of NC to learn about resources in your area, or let us know if you want to help get a new group started.

### **Asheville, NC**

*Western NC Brain Injury Support Network*  
Meets: 1<sup>st</sup> and 3<sup>rd</sup> Wednesdays – 4:00-5:00 pm  
CarePartners Health Services (Family Conference Room)  
68 Sweeten Creek Rd  
Asheville, NC 28803

**Karen Keating: (828) 337-0208**

*karen.keating@bianc.net*

### **Cary, NC**

*TBI/AB I/Stroke Support Group*  
3<sup>rd</sup> Wednesday of Each Month, 7:00 – 8:30 pm  
WakeMed Cary Hospital  
Conference “Board Room”  
1900 Kildaire Farm Rd  
Cary, NC

**Norman Case: (919) 244 - 6221**

*norman.case.soaringeagle@gmail.com*

### **Chapel Hill, NC**

*UNC Rehabilitation Brain Injury Support*  
Third Wednesday of each month, 1:00 – 2:00 pm  
Center for Rehabilitation Care  
1807 North Fordham Boulevard  
Chapel Hill, NC 27514

**Blaise Morrison, PhD, CRC: (919) 843-7385**

*blaise\_morrison@med.unc.edu*

### **Charlotte, NC**

*Charlotte Area Brain Injury Alliance*  
1st Tuesday of each month, 6:30 – 8:00 pm  
Carolinas Rehabilitation  
Private Dining Room  
1100 Blythe Boulevard  
Charlotte, NC 28203

**Sally Rickard: (704) 960 – 0561**

*sally.rickard@bianc.net*

**(704) 355 – 2620**

**Charlotte, NC**

*Couples Night Out/Spouse Support*

Meets: Third Saturday at 5:30 pm (Jan, March, May, July, Sept. and November)

**Location:** John's Family Restaurant on Westinghouse Blvd., Charlotte

**Barbara Westphal: (704) 547 – 1563**

wwestpha@bellsouth.net

**Charlotte, NC**

*LOBIS: Loved Ones of Brain Injury Survivors*

Meets: 1<sup>st</sup> Saturday each month at 11:00 am

*"A group for us (Caregivers). Join others who understand the impact of brain injury on the family".*

**Renee Johnson (980) 263-9670**

Triumphservices365@gmail.com

Sponsored by: Triumph Services

University City United Methodist Church

Room 110- Church office building (in rear)

3835 West WT Harris Blvd. Charlotte, NC 28269

**Concord, NC**

*Cabarrus County Brain Injury Support Group*

3rd Monday of each month, 6:00 PM

Carolinas Rehabilitation-NE

Hospital Cafe

487 Lake Concord Road NE

Concord, NC 28025

**Todd B. Bennett: (704) 403 – 0104**

Todd.Bennett@carolinashealthcare.org

**Durham, NC**

*Duke Raleigh Brain Aneurysm & AVM Support Group*

2nd Monday of every other month from 6:30 – 8:00pm.

Duke Raleigh Hospital

Medical Office Building 7 (Cardinal Room)

3400 Wake Forest Rd

Raleigh, NC 27609

**Lazaro Gonzales, JR, PA-C (919) 681-8709**

lazarogonzales@duke.edu

**Fayetteville, NC**

*Fayetteville Brain Injury Support Group*

2nd Tuesday of each month, 6:30 – 8:00 pm

(15-23 years old encouraged: May have separate meeting)

Carolina Highlands Senior Condominiums

1919 Fordham Drive

Fayetteville, NC 28303

**Ellen Morales: (910) 309 - 4860**

therosecenter@nc.rr.com

**Gastonia, NC**

Third Tuesday of the month, 6:00 pm – 7:00 pm

Serves Gaston, Lincoln & Cleveland counties

ComServ

1541 Delta Drive

Gastonia, NC 28052

**Patricia (Pat) Haithcox: (704) 736 – 5307**

phaithcox@comserve.org

**Shanda Daniels: (704) 772 – 4291**

**Goldsboro, NC**

*Wayne County Brain Injury Support Group*  
2nd Saturday of each month, 10:00 – 11:30 am  
Peggy Seegars Senior Center  
2001 E. Ash Street  
Goldsboro, NC 27533

**Pier Protz, CBIS: (919) 394 – 1091**

piertarrant@renulife.org

**Martha Brown, CBIS: (252) 481 – 5679****Greensboro, NC**

*Greensboro Brain Injury Support Group*  
2nd Tuesday of each month, 7:00 – 8:30 pm  
Cone Health System Inpatient Rehabilitation Hospital  
4th floor (4West Unit Day Room)  
1200 N. Elm Street  
Greensboro, NC 27401

**Lucy Hoyle, LCSW: (336) 832 – 7450**

(336) 430-4387 (cell)

lucy.hoyle@conehealth.com

**Haw River, NC**

*Burlington / Mebane TBI Warrior Support Group*  
2<sup>nd</sup> Monday of each month, 6:30 PM – 8:00 PM  
The Lambs Chapel  
415 Roxboro Street  
Haw River, NC 27258

**Tiffany McCulloch: (336) 264-8001**

danceintheson@nc.rr.com

**Henderson, NC**

*Kerr Lake Support Group (Franklin, Granville, Warren, Vance counties)*  
2nd Tuesday of each month, 6:00 pm  
Maria Parham Hospital  
566 Ruin Creek Road  
Henderson, NC 27536

**Nina Kalleh: (919) 810 – 7507**

ninataylorkalleh@gmail.com

**Hickory, NC**

*Hickory Brain Injury Support Group*  
4th Tuesday each month, 6:00 – 7:30 pm  
First United Methodist Church  
311 3<sup>rd</sup> Ave NE  
Hickory, NC 28601

**Travis Glass: (828) 781-0778**

travis@crossroadscounseling.org

*Note: Times and locations periodically vary – call for information.*

**High Point, NC**

*Brain Injury Alliance of High Point*  
Meets: 1<sup>st</sup> Tuesday of every 4<sup>th</sup> month (January, May, September)  
Millis Health Education Center  
600 North Elm Street  
High Point, NC 27401

**Kitty Barringer: (336) 713 – 8582**

kitty.barringer@bianc.net

**Huntersville, NC**

Caregiver Group (Call for details)  
Meets at Hinds' Feet Farm

**704-992-1424****Jefferson, NC**

Group not currently meeting: Call for regional resources

**Wylene Taylor 336-246-4542**  
wtaylor@daymarkrecovery.org

**Lake Norman, NC**

Lake Norman Brain Injury Support Network  
4th Monday of each month, 7:00 – 8:30 pm  
\*Group does not meet in May or December  
Lake Norman Regional Medical Center (Classroom A)  
171 Fairview Road  
Mooresville, NC 28117

**Sylvia Whitmire: (704) 224 – 6069**  
sylvia@brainrehabspecialist.com

**Monroe, NC**

Union County Area Brain Injury Support Network  
1st Monday of each month at 6:00 p.m.  
Carolinas Medical Center - Union  
Edward's Cancer Center  
600 Hospital Drive  
Monroe, NC 28112

**Laura Gray: (704) 578 – 5043**  
lauragraySLP@gmail.com

**Multiple Locations**

*Wounded Warrior Project (Military Only)*

**Phone: (888) 997 – 2586**  
info@woundedwarriorproject.org

**New Bern, NC**

Coastal Brain Injury Support Group  
1<sup>st</sup> Saturday of each month, 10:00 a.m. – 12:00 p.m.  
The HomePlace  
1309 McCarthy Blvd.  
New Bern, NC 28562

**Amy Davis**  
**Phone: (252) 670 – 6625**

**Raleigh, NC**

Triangle Brain Injury Support Group (Everyone welcome)  
3rd Tuesday of each month, 6:30 – 8:00 pm  
WakeMed Rehab Hospital  
1st floor: Conference/Dining area  
3000 New Bern Avenue  
Raleigh, NC 27610

**Jordan Slade**  
jordnfs87@gmail.com

**Susan Fewell**  
**Phone: (919) 618 - 3003**  
susan.fewell@bianc.net

**Reidsville, NC**

Rockingham County Brain Injury & Stroke Support Group  
Meets 3<sup>rd</sup> Monday of each month: 1:30 p.m.  
LEAF Center  
104 N. Washington Avenue  
Reidsville, NC 27320

**Casey Cockerham, PTA, LMBT, CBIS 336-552-4696**

casey.cockerham@conehealth.com

**Rocky Mount, NC**

*Emily Ellis Brain Injury and Stroke Support Group*  
Each Thursday, 5:00-6:00 PM  
Bryant T. Aldridge Rehab Center (Bridge Gym Area)  
2400 Medpark Drive  
Rocky Mount, NC 27804

**Tabitha Jackson: (252) 962 – 3711**

tnjackson@nhcs.org

**Swansboro, NC – Onslow County**

*TBI/Neuro Group*

Brain Injury Education group for everyone!  
1<sup>st</sup> Tuesday of each month: 6:00 pm – 7:30 pm  
Swansboro First Baptist Church  
Family Life Center – Room 212  
614 W. Corbett Avenue  
Swansboro, NC 28584

**Susan Fewell: (919) 618 – 3003**

susanbianc@gmail.com

**Wake Forest, NC**

Wake Forest Brain Injury/Stroke Support Group  
900 S. Franklin St., Suite 201  
Wake Forest, NC 27587  
Meet: 2<sup>nd</sup> Monday of each month, 6:30-8:00 p.m.

**Brooke W. Hinnant: (919) 812-6390**

Email: Brooke.W.Hinnant@gmail.com

**Wilmington, NC**

*Wilmington Brain Injury Support Group*  
2nd Monday of each month, 6:00 – 7:00 pm

New Hanover Rehabilitation Hospital  
(1<sup>st</sup> floor lobby)  
2131 South 17th Street  
Wilmington, NC 28401

**Morgan Lankford: (910) 667-7062**

juxon.lankford@nhrmc.org

**Kelsey Lucas: (910) 667-6505**

Kelsey.lucas@nhrmc.org,

**Winston-Salem, NC**

Peer-to-Peer Support/Information Group  
St. Timothy's Episcopal Church (classroom annex)  
2575 Parkway Dr.  
Winston-Salem, NC 27103  
Meets: 1<sup>st</sup> Monday of each month at 6:00 p.m.

**Denzil Strickland**

braininjurysurvivors@yahoo.com

braininjurysurvivors.net