



## **COUNSELING SERVICES**

Counseling Services help with adjustment, behaviors, relationships and other emotional difficulties. Counseling can be individual, family, or group, depending on needs.

### **Alpha Management Community Services, Inc.**

2 Consultant Place  
Durham, NC 27707

**Phone: (919) 419 – 0043**

Toll Free: (866) 588 – 4440  
[www.alpha-community.org](http://www.alpha-community.org)

*Alpha Management Community Services, Inc. is a non-profit human service agency that provides services to individuals with a variety of complex disabilities.*

### **Alexander Counseling**

Debbie Leonhardt, M.DIV., MA  
153 NC Hwy 16N  
Taylorsville, NC 28681

**Phone: (828) 635 – 8500**

[www.alexandercounseling.com](http://www.alexandercounseling.com)

*Offers counseling and consulting services for a variety of issues. Cognitive-Behavioral Therapy is primarily used in the therapy sessions.*

### **Denise Quirk Bundick, LCSW**

*Falls Neuropsychology and Psychotherapy Associates*  
8388 Six Forks Road, Suite 104  
Raleigh, NC 27615

**Phone: (919) 870 – 0264**

[www.falls-neuropsychology.com](http://www.falls-neuropsychology.com)

*Ms. Bundick works with children and adults with a variety of diagnoses. She conducts individual, marital, and family therapy, specializing in rehabilitative psychotherapy.*

### **Tom Bundick, PhD.**

*Falls Neuropsychology and Psychotherapy Associates*  
8388 Six Forks Road, Suite 104  
Raleigh, NC 27615

**Phone: (919) 870 – 0264**

[www.falls-neuropsychology.com](http://www.falls-neuropsychology.com)

*Dr. Bundick specializes in evaluations and psychotherapy for people who have sustained a brain injury.*



**Carolinas Rehabilitation**

1100 Blythe Blvd.  
Charlotte, NC 28203

**Phone: (704) 355 - 4300**

**Charlotte Behavioral Health Associates**

Dr. John Spain  
501 S. Sharon Amity Road, Suite 500  
Charlotte, NC 28211

**Phone: (704) 362 - 1555**

**Connell Psychological Services**

Bryan E. Connell, PhD  
3020-1 Prosperity Church Road, Ste. 142  
Charlotte, NC 28269

**Phone: (704) 641 - 0273**  
[www.bryaneconnellpsych.com](http://www.bryaneconnellpsych.com)

**Country Hills Counseling**

5500 West Friendly Avenue, Suite 102-G  
Greensboro, NC 27410

**Phone: (336) 285 – 7501**  
<http://www.lblandtherapy.com/index.html>  
[lesliebland@lblandtherapy.com](mailto:lesliebland@lblandtherapy.com)

Country Hills extends services to adults, adolescents, and children (ages 9 and older) to those who are developmentally challenged or “differently-abled” who may have experienced spinal cord injuries, traumatic brain injuries, mental illness, and severe physical injuries.

**Brenda L. Eshbach, MA, LPC, LPA, NCC**

*Eshbach Counseling Services*  
211 North Main Street, Ste. D  
Monroe, NC 28112

**Phone: (704) 292 – 1100**

*Brenda Eshbach conducts psychotherapy and evaluations for persons with brain injury in Monroe.*

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8388 Six Forks Road, Suite 104  
Raleigh, NC 27615

**Phone: (919) 870 – 0264**  
[www.falls-neuropsychology.com](http://www.falls-neuropsychology.com)

*Provides neuropsychological evaluations, counseling for individuals and groups, cognitive rehabilitation training, and behavioral management services. Most insurance panels accepted.*



**Keith Ganci, PhD**

501 S. Sharon Amity Road, Ste. 500  
Charlotte, NC 28211

**Phone: (704) 362 - 1555**

www.drgancipservices.com

**Dave Geissler, PhD.**

*Pediatric Rehabilitation Therapy Program*  
*Vidant Medical Center*  
2100 Stantonsburg Road  
Greenville, NC 27835

**Phone: (252) 847 – 2087**

David.Geissler@vidanthhealth.com

**Travis Glass, MS, LPC, CBIS**

*Crossroads Counseling Center*  
255 18th Street SE  
Hickory, NC 28601

**Phone: (828) 327-6633 ext 318**

Email: [travis@crossroadscounseling.org](mailto:travis@crossroadscounseling.org)

[www.crossroadscounseling.org](http://www.crossroadscounseling.org)

*Travis Glass uses cognitive-behavioral therapy, cognitive remediation, biofeedback, and brain injury psychoeducation to assist individuals living with brain injury and their families.*

**Lake Norman Family Therapy**

Elizabeth Kovacs, MSW, LCSW  
19900 South Main Street, Suite 9  
Cornelius, NC 28031

**Phone: (704) 892 - 9490**

[www.lakenormanfamilytherapy.com](http://www.lakenormanfamilytherapy.com)

**Lankford, Morgan, LPC, CBIS**

1908 Eastwood Rd., Suite 223  
Wilmington, NC 28403

**(910) 233-4334**

**Jody Probert, MSW, LCSW**

1300 SE Maynard Rd., Suite 103  
Cary, NC 27511

**Phone: (919) 270 – 4058**

Email: [jppractice@nc.rr.com](mailto:jppractice@nc.rr.com)

*Ms. Probert is a Licensed Clinical Social Worker who provides treatment for adults, adolescents, children, families & couples. Areas of special interest include adjustment to life transitions, trauma related issues resulting from physical & sexual abuse, brain injury, and chronic neglect.*



**Southeast Psychological Services - 2 Locations**  
6060 Piedmont Row Drive South, Ste. 120  
Charlotte, NC 28287

**Phone: (704) 552 – 0116**  
[www.southeastpsych.com](http://www.southeastpsych.com)

15720 Brixham Hill Avenue  
Charlotte, NC 28277

**Phone: (704) 970 - 4791**

*Southeast Psychological Services offers counseling and other psychological services to individuals with brain injury.*

**Dr. Charles Suttenfield, Ph.D.**  
*Wake Forest Baptist University Medical Center*  
1 Medical Center Blvd  
Winston-Salem, NC 27157-1087

**Phone: (336) 719 – 9703**

*Dr. Suttenfield is a clinical psychologist with specialty in treating individuals and family members experiencing psychological sequelae of medical and rehabilitation issues, including brain injury, spinal cord injury, stroke, multiple trauma, burns, chronic illness, and chronic pain.*

**Tree of Life Counseling**  
1821 Lendew Street  
Greensboro, NC 27408

**Phone: (336) 288 – 9190**  
<http://tlc-counseling.com>

*Tree of Life Counseling is committed to providing quality therapy for individuals and couples. Our therapists believe working collaboratively ensures clients receive the best healthcare in the TRIAD area. Tree of Life Counseling – “We Exist for the Client”. Celeste Nettles, MBS, MS, LPC has special interest and training in the following areas: Chronic Pain and Illness, Traumatic Brain Injury and Disabilities, etc.*

**Sylvia L. Whitmire, MA, LPC, BCIA-C**  
10616 Metromont Pkwy., Suite 208  
Charlotte, NC 28269

**Phone: (704) 224 – 6069**  
Email: [Sylvia@brainrehabspecialist.com](mailto:Sylvia@brainrehabspecialist.com)

**Jen Moynihan Wynn, MS, LMFT**  
1300 SE Maynard Rd, Suite 203  
Cary, NC 27511

**Phone: (919) 926 – 8057**  
Email: [Jennifer@findingbalancenc.net](mailto:Jennifer@findingbalancenc.net)  
[www.findingbalancenc.net](http://www.findingbalancenc.net)

*Jennifer is a Licensed Marriage and Family Therapist who specializes in marriage/couple’s counseling,*



**BRAIN INJURY  
ASSOCIATION  
OF NORTH CAROLINA**

919.833.9634

*Help, Hope, and a Voice*

[www.bianc.net](http://www.bianc.net)

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*depression, and anxiety. She is an in-network provider for BlueCross/BlueShield.*