

## CAREGIVER SUPPORT

Caregivers of persons with brain injury may find that they sometimes struggle to provide quality care and services to their loved ones. These organizations are specifically designed to alleviate this burden by providing services for caregivers and their families.

### **AARP**

1511 Sunday Drive, Suite 312  
Raleigh, NC 27607

**Phone: (919) 508 – 0260**

Email: [ncaarp@aarp.org](mailto:ncaarp@aarp.org)  
[www.aarp.org/statepages/nc.html](http://www.aarp.org/statepages/nc.html)

*AARP provides support services and information for family caregivers in North Carolina, including advice concerning estate planning, health insurance, and caregiver initiatives.*

### **A Helping Hand**

1502 West Highway 54, Suite 405  
Durham, NC 27707

**Phone: (919) 403 - 5555**

[www.ahelpinghandnc.org](http://www.ahelpinghandnc.org)  
[info@helpinghandnc.org](mailto:info@helpinghandnc.org)

*Services for adults 65+ years and younger adults who have temporary or ongoing needs due to accident, illness, or disability. Private pay. Special discounts, volunteer services, and subsidized services may be available. Serves Chatham, Durham, Orange, and other counties.*

### **Accessible Home Care of Mid-Carolina**

8315 Six Forks Rd., Ste. 101  
Raleigh, NC 27615

**Phone: (919) 896 – 7679**

(919) 896 – 7153  
[www.accessiblemidcarolina.com](http://www.accessiblemidcarolina.com)  
Email: [tcallaway@ahcglobal.com](mailto:tcallaway@ahcglobal.com)

### **Access Community-Based Services - Garner Location**

1027 US 70 Highway W, Suite 219  
Garner, NC 27529-2501

**Phone: (919) 977 - 1186**

### **Access Community-Based Services - Jacksonville Location**

1899 North Marine Boulevard, Suite 300  
Jacksonville, NC 28546-6555

**Phone: (910) 346 - 2311**

### **Access Community-Based Services - Morehead City Location**

147 NC Highway 24, Suite 202  
Morehead City, NC 28557-8982

**Phone: (252) 247 - 6911**

*Access Community-Based Services offers affordable, personalized care and companionship for our patients throughout eastern North Carolina. Our dedicated caregivers offer personal assistance with everything from grooming and light housekeeping to transportation and errand running.*

**Acorn Home Care Services, Inc.**

209 Lloyd St.  
Office 260  
Carrboro, NC 27510

**Phone: (800) 481 – 7977 ext. 1**

[www.acornhcs.com](http://www.acornhcs.com)  
Email: [info@acornhcs.com](mailto:info@acornhcs.com)

**Advanced Home Care**

Support Center  
4001 Piedmont Parkway  
High Point, NC 27265

**Phone: (336) 878 - 8822**

(336) 878 - 8881  
[www.advhomework.org](http://www.advhomework.org)

Aberdeen Location  
1806 N. Sandhills Blvd.  
Aberdeen, NC 28315

Phone: (910) 295 - 4119  
(866) 550 - 0478

Asheville Location  
120 Sweeten Creek Road  
Asheville, NC 28803-1526

Phone: (828) 398 - 1281  
(877) 242 - 3296

Burlington Location  
1225 Huffman Mill Road, Suite 104  
Burlington, NC 27217

Phone: (336) 538 - 1194  
(336) 878 - 8881

Concord Location  
744 Church Street N  
Concord, NC 28025-4336

Phone: (704) 784 - 2111  
(877) 242 - 3291

Cary Location  
1231 NE Maynard Rd.  
Cary, NC 27513

Phone: (919) 852 - 0052  
(919) 852 - 1123

Charlotte Location  
2520 Whitehall Park Drive, Suite 950  
Charlotte, NC 28273

Phone: (704) 831 - 5001  
(877) 242 - 3291

Durham Location  
105 W NC Hwy 54, Suite 267  
Durham, NC 27713-6648

Phone: (919) 544 - 1336  
(919) 544 - 0120 Backdoor #  
(877) 334 - 8502

Gastonia Location  
2391 Court Drive, Suite 105  
Gastonia, NC 28054-2197

Phone: (704) 864 - 1032  
(877) 242 - 3291

Greensboro Location  
1018 N. Elm Street  
Greensboro, NC 27401-6300

Phone: (336) 878 - 8822  
(336) 878 - 8881

Greenville Location  
1005 W. H. Smith Blvd.  
Greenville, NC 27834

Phone: (252) 353 - 6800  
(877) 242 - 3298

Hickory Location  
375 Main Avenue NE  
Hickory, NC 28601

Phone: (828) 396 - 6099  
(877) 242 - 3291

High Point Location  
2110 Westchester Drive  
High Point, NC 27262-8025

Phone: (336) 878 - 8822  
(336) 878 - 8881

Lenoir Location  
461 Harper Avenue SW  
Lenoir, NC 28645

Phone: (828) 991 - 0222  
(877) 242 - 3291

Reidsville Location  
8380 NC Highway 87  
Reidsville, NC 27320

Phone: (336) 616 - 1466  
(336) 878 - 8881

Salisbury Location  
1406-B West Innes Street  
Salisbury, NC 28144-2312

Phone: (704) 639 - 1060  
(877) 242 - 3291

Sylva Location  
567 West Main Street  
Sylva, NC 28779

Phone: (828) 398 - 1281  
(877) 242 - 3296

Wilmington Location  
1620 Wright Street  
Wilmington, NC 28401-8075

Phone: (910) 796 - 3033  
(910) 796 - 8841

Winston-Salem Location  
1100 S. Stratford Road  
Building B, Suite 410  
Winston-Salem, NC 27103-3217

Phone: (336) 896 - 3100  
(336) 878 - 8881

**Advantage Care In-Home Services**  
3600 N. Duke Street, Suite 100  
Durham, NC 27704

**Phone: (919) 471 - 1314**  
[www.advantagecarenc.com](http://www.advantagecarenc.com)  
[advantagecare@centurylink.net](mailto:advantagecare@centurylink.net)

*Provides homecare, CAP services, community support, vocational, diagnostic, residential services and support, personal care services, private duty, companion and house cleaning services. Serves Durham County.*

**Advantage Care In-Home**  
3600 North Duke St., Ste. 100  
Durham, NC 27704

**Phone: (919) 471 – 1314**  
www.advantagecarenc.com  
Email: advantagecare@centurylink.net

*Provides homecare, CAP, community support, vocational, diagnostic, residential services and support, personal care services, private duty, companion and house cleaning services. Counties Served: Durham*

**Aegis Home Care**  
50101 Governors Dr., Ste. 105A  
Chapel Hill, NC 27517

**Phone: (919) 442 – 5252**  
www.aegishomecare.com  
Email: alan@aegishomecare.com

Counties Served: Orange

**Aging Outreach Services**  
P.O. Box 2478  
Southern Pines, NC 28388

**Phone: (919) 608 - 7533**  
(910) 692 - 0683  
www.agingoutreachservices.com

*As the only accredited Caregiver Registry in NC, Aging Outreach Services represent the highest quality of private-duty caregivers. From companions to registered nurses, the caregivers represented have a range of skills than can be matched to meet your needs. Also offer needs assessments and care coordination. Counties served: Chatham, Durham, Orange, other*

**Always Best Care**  
1340 Environ Way  
Chapel Hill, NC 27517

**Phone: (919) 357 - 1440**  
www.alwaysbestcarechapelhill-durham.com  
Email: tpalmer@abc-seniors.com

*Provides non-medical care, senior living consulting, veteran's assistance program, counseling, and more. Counties served: Alamance, Chatham, Durham, Orange*

**Bayada Home Health Piedmont Adult**  
610 North Madison Blvd.  
Roxboro, NC 27573

**Phone: (336) 322 - 3200**  
www.bayada.com

*Offers adult skilled nursing services as well as assistive care. Counties served: Alamance, Caswell, Durham, Orange, Person*

**Caregiver Action Network**  
2000 M St. NW, Suite 400  
Washington, DC 20036

**Phone: (202) 772 – 5050**  
Email: info@caregiveraction.org  
www.caregiveraction.org

*CAN (formerly the National Family Caregivers Association) is a non-profit organization providing education, peer support, and resources to family caregivers across the country free of charge.*

**Carolina Villages (CV) - Companionship**

P.O. Box 4622  
Chapel Hill, NC 27515

**Phone: (919) 960 - 1941**  
[www.carolinavillages.org](http://www.carolinavillages.org)

*Provides network of resources that address practical needs to help CV members 62+ remain in their home as they age. Annual Membership fee. Free referrals to vetted vendors (bills directly) or trained CV volunteers. Transportation, non-medical home care, groceries, errands, visits, comfort calls, or help with garden, home, technology. Counties Served: Chatham, Durham, Orange*

**Comfort Keepers**

1415 West NC Hwy. 54, Ste. 209  
Durham, NC 27707

**Phone: (919) 338 - 2044**  
[www.durham-832.comfortkeepers.com](http://www.durham-832.comfortkeepers.com)  
Email: [comfortkeeperschapelhill@gmail.com](mailto:comfortkeeperschapelhill@gmail.com)

*Includes companionship, transportation, meal preparation, light housekeeping, laundry, personal care, and more. Counties Served: Durham, Orange*

**Division of Social Services**

North Carolina Department of Health and Human Services  
Dorothea Dix Campus, McBryde Building  
820 S. Boylan Ave.  
Raleigh, NC 27603

**Phone: (919) 527 – 6335**  
[www.dhhs.state.nc.us](http://www.dhhs.state.nc.us)

*Statewide, federally funded organization that provides a variety of resources related to health, human services, and support.*

**Family Caregiver Alliance**

785 Market St., Suite 750  
San Francisco, CA 94103

**Phone: (415) 434 – 3388**  
Toll Free: (800) 445 – 8106  
[www.caregiver.org](http://www.caregiver.org)

*FCA is a national organization that helps support and sustain the work of families caring for loved ones with chronic, disabling health conditions.*

**Kennedy Care**

1330 SE Maynard Rd.  
Cary, NC 27511

**Phone: (919) 462 - 7003**  
(919) 841 - 2447  
[www.kennedycare.com/north-carolina](http://www.kennedycare.com/north-carolina)  
Email: [krista@kennedycare.com](mailto:krista@kennedycare.com)

*Provides in-home assistance with all activities of daily living, homemaker, companionship services, respite care, and live-in services. Available 24/7. Counties Served: Alamance, Caswell, Chatham, Durham, Orange, Person*

**Lilies of Hope Homecare Companionship, LLC**  
13503 Hwy 130  
Maxton, NC 28364

**Phone: (910) 674 - 9109**  
(910) 674 - 2244  
Email: liliesofhope7777@yahoo.com

*Offers 24/7 live-in; companionship, sitter, and respite; meal preparation; social outings; monitoring light exercise; light housekeeping; grocery shopping; medication reminder; escort on errands and walking; accompany to appointments; and some laundry services. Counties Served: Alamance, Caswell, Chatham, Durham, Orange.*

**LiveWell Care Homes**  
1829 East Franklin St., Ste. 1100-A  
Chapel Hill, NC 27514

**Phone: (919) 719 - 9127**  
www.livewellhomecarenc.com  
Email: marresa.livewellcare@gmail.com

*Offers personal care, companionship, light housekeeping, meal preparation, transportation, post-operative care, and hospice care. Counties Served: Chatham, Durham, Orange*

**My Caring Plan** – A website dedicated to helping family caregivers with over 90 extensive content pieces related to caregiving.  
www.mycaringplan.com

**North Carolina Care Link**

**Toll Free: (800) 662 – 7030**  
Email: care.line@dhhs.nc.gov  
www.fullcirclecare.org/nc/carelink.html

*NC Care Link provides an online, searchable database for finding resources that are available throughout the state. Examples include caregiver support, long-term care, and financial services.*

**Premier Home Healthcare Services**  
562 Huffman Mill Rd.  
Burlington, NC 27215

**Phone: (336) 586 – 1721**  
www.premierhomehealthcare.com

*Provides appointment escort service, homemaker companions, personal care, home health aides, live-in, respite, skilled nursing, IV/infusion, dementia and end-of-life care. Counties Served: Alamance*

**PRIDE in North Carolina, Inc.**  
130 Edinburgh South  
Cary, NC 27511

**Phone: (919) 467 – 4745**  
www.pridenc.com

*PRIDE offers services based on an individual's needs such as in home caregiving assistance, day program options, or residential home services. There are several offices throughout the state.*

**ResCare Home Care**

4011 University Dr., Ste. 201  
Durham, NC 27707

**Phone: (919) 493 – 7059**

**(866) 737 – 2273**

**[www.rescare.com](http://www.rescare.com)**

*Offers professional nursing, personal care services, homemaking, companionship, respite, and more. Available 24/7, including holidays. Accepts private pay, Medicaid, long-term care insurance. Counties served: Alamance, Chatham, Durham, Orange, Person, and others.*

**Wilmington Brain Injury Support Group**

Morgan Lankford: (910) 667 – 7062

Kelsey Lucas: (910) 667 – 6505