

## REHABILITATION SERVICES

Rehabilitation is provided in a variety of ways, including inpatient services, physical therapy, occupational therapy, and other outpatient treatments. The resources listed in this section offer a variety of rehabilitation services. For more details, please visit our [Rehabilitation Information](#) page.

### **Atlantic Music Therapy, LLC**

P. O. Box 881  
Clayton, NC 27528

**Phone: (919) 443-9448**

Email: Allison @atlanticmusictherapy.com  
www.atlanticmusictherapy.com

Atlantic Music Therapy, LLC provides music therapy services to individuals with neurologic illness or injury throughout North Carolina Research Triangle. Through engagement in music-based exercises, our patients are able to experience an approach to rehabilitation that is noninvasive, efficient, and enjoyable!

### **Brain Rehab Specialists**

Sylvia L. Whitmire, MA, LPC, BCIA-C  
10616 Metromont Pkwy., Suite 208  
Charlotte, NC 28269

**Phone: (704) 224 – 6069**

Email: Sylvia@brainrehabspecialist.com  
www.brainrehabspecialists.com

*One-on-one brain injury rehabilitation services in an outpatient setting that include: education in brain injury concepts, cognitive retraining, pain management via biofeedback, and vocational rehabilitation.*

### **Bryant T. Aldridge Rehabilitation Center**

2400 Medpark Drive  
Rocky Mount, NC 27804

**Phone: (252) 962 – 3700**

Email: btar@nhcs.org  
www.nhcs.org

*The Aldridge Rehabilitation Center serves as an acute rehab center in the Nash Health Care System.*

### **Cape Fear Valley Regional Rehabilitation**

1638 Owen Drive  
Fayetteville, NC 28304

**Phone: (910) 615 – 4000**

www.capefearvalley.com

*Offers comprehensive inpatient and outpatient services for persons with brain injury. Services include: computer assisted cognitive retraining, daily living skills training, family, education, neuropsychological evaluation and rehabilitation, vocational rehabilitation, community reintegration, individual, and group and family therapy.*

**CareFirst Rehab**  
100 Cornerstone Drive  
Cary, NC 27519

**Phone: (919) 460 - 1921**  
<http://carefirstpt.com>  
[frontdesk@carefirstpt.com](mailto:frontdesk@carefirstpt.com)

*Physical Therapy: The use of the most progressive treatment techniques to help with your recovery from pain and lack of limb flexibility, coordination, balance, endurance, speed and strength.*

*Occupational Therapy: Occupational therapists treat injured, ill, or disabled patients through the therapeutic use of everyday activities. They help these patients develop, recover, and improve the skills needed for daily living and working.*

*Speech Therapy: Speech and language therapy includes the treatment of articulation delays, language delays, fluency (stuttering) and voice disorders.*

*Massage Therapy: From reducing pain to alleviating stress, we have the tools and expertise to maintain and restore balance to your health.*

**CarePartners Rehabilitation Hospital**  
68 Sweeten Creek Road  
Asheville, NC 28803

**Phone: (828) 274 - 6151**  
TTY/TDD: (828) 274 - 6196  
[www.carepartners.org](http://www.carepartners.org)

*CarePartners Health Services offers a full continuum of health services for adults and children beginning at age 14 with brain injuries. Services include inpatient and outpatient rehabilitation, home health, at home personal care and private duty, hospice care, adult day care, vocational rehabilitation services, and private adolescent and geriatric case management services.*

**Carolina Concussion & Physical Medicine**  
**Dr. Michael S. DeCriscio**  
120 Capcom Avenue, Suite 104  
Wake Forest, NC 27587

**Phone: (919) 435 - 7396**  
[info@carolinaconcussion.com](mailto:info@carolinaconcussion.com)  
<https://carolinaconcussion.com>

*Carolina Concussion & Physical Medicine provides vestibular and concussion rehabilitation through clinical examination and diagnostics to address underlying causes of dizziness, imbalance, and other challenges related to concussion. Other services include baseline testing & visual/motor speed training for athletes of all ages, as well as cognitive rehabilitation therapy.*

**Carolinas Center for Development and Rehabilitation**  
6813 Fairview Rd., Suite B  
Charlotte, NC 28210

**Phone: (704) 442 - 7272**

*An outpatient facility offering comprehensive diagnostic and treatment services provides both residential and day treatment programs for people with TBI. Offers services such as vocational retraining, cognitive rehabilitation, marital/family therapy, medication monitoring, life skill retraining, and educational support services.*

**Carolina Neuroservices - The Head Injury Center**  
6853 Fairview Rd.-Suite B  
Charlotte, NC 28210

**Phone: (704) 366 – 9930**  
www.carolinaneuroservices.com

*Carolina Neuroservices provides therapy with focus on life, community, and social skills, cognitive re-training, driver assessment, transitional work services, home evaluation, and family counseling.*

**Carolinas Rehabilitation**  
1100 Blythe Blvd.  
Charlotte, NC 28203

**Phone: (704) 355 - 4300**

\*For other locations – <https://atriumhealth.org/medical-services/specialty-care/rehabilitation>

*Rehabilitation services are available for adults and children in both inpatient and outpatient settings. Specialized inpatient services include a sensory stimulation program, intensive therapies, including occupational, speech, cognitive and physical therapy, and on-site physicians who specialize in physical medicine and rehabilitation.*

**Cary Health and Rehabilitation Center**  
6590 Tryon Road  
Cary, NC 27518

**Phone: (919) 851 – 8000**  
www.caryhealth.com

*Rehabilitation services include: physical therapy, occupational therapy, speech therapy, evaluation/assessment, orthopedic rehab, stroke rehab, neurological rehab, prosthetic training, treatment of swallowing difficulties, and back injuries.*

**Carolina Concussion & Physical Medicine**  
**Dr. Michael S. DeCriscio**  
120 Capcom Avenue, Suite 104  
Wake Forest, NC 27587

**Phone: (919) 435 – 7396**  
<https://carolinaconcussion.com>

*Carolina Concussion & Physical Medicine provides vestibular and concussion rehabilitation through clinical examination and diagnostics to address underlying causes of dizziness, imbalance, and other challenges related to concussion. Other services include baseline testing & visual/motor speed training for athletes of all ages, as well as cognitive rehabilitation therapy.*

**Cone Health Rehabilitation Hospital (Inpatient)**  
1200 N. Elm Street  
Greensboro, NC 27401

**Phone: (336) 832 – 4000**  
www.conehealth.com

**Cone Health Neurorehabilitation Center (Outpatient)**

912 Third Street, Suite 102  
Greensboro, NC 27405

**Phone: (336) 271 – 2054**

*Offers a comprehensive TBI rehabilitation regimen. Programs include: return to living, amputee services, vestibular rehabilitation, specialized speech services, and programs for vision and balance.*

**Cumberland Hospital for Children and Adolescents**

9407 Cumberland Road  
New Kent, VA 23124

**Phone: (800) 368 – 3472**

[www.cumberlandhospital.com](http://www.cumberlandhospital.com)

*Cumberland Hospital for Children and Adolescents doesn't look like a hospital because it isn't like most hospitals; it is a unique environment that offers a different approach to help children with complex needs. Offers comprehensive rehabilitative services for children and adolescents with traumatic brain injuries. Will accept NC Medicaid.*

**Duke Rehabilitation Institute**

Duke Regional Hospital  
3643 North Roxboro Street, 7th Floor  
Durham, NC 27704

**Phone: (919) 470 - 7338**

Appointments: (919) 328 - 3947

[www.dukehealth.org/locations/duke-rehabilitation-institute](http://www.dukehealth.org/locations/duke-rehabilitation-institute)

**High Point Regional Rehabilitation Center**

600 North Elm Street  
High Point, NC 27262

**Phone: (336) 878 – 6915**

[www.highpointregional.com](http://www.highpointregional.com)

*This is a full service rehabilitation center that offers physical, occupational, and speech therapy for adults and children with brain injuries.*

**Independent Living Rehabilitation Program**

1300 St. Mary's  
Raleigh, NC 27605

**Phone: (919) 715 – 0543**

[www.ncdhhs.gov/dvrs](http://www.ncdhhs.gov/dvrs)

*Individual plans are developed and designed to help individuals with disabilities better manage their own lives and assume more responsibility in their families, homes, and communities.*

**Learning Perspectives, Inc.**

*Mideastern Regional Office*  
2080 A West Arlington  
Greenville, NC 27834

**Phone: (252) 439 – 0070**  
[www.learningperspectives.com](http://www.learningperspectives.com)

*Northeast Regional Office*  
2451 Hurt Drive  
Rocky Mount, NC 27804

**Phone: (252) 451 – 1961**

*Southeastern Regional Office*  
3963 Market Street, Suite A  
Wilmington, NC 28403

**Phone: (910) 362 – 9474**

*Learning Perspectives Inc. offers strength-based treatment programs in mental health, developmental disabilities, vocational rehabilitation and other outpatient therapies.*

**Learning Services**

*Raleigh Program:*  
530 Building Futures Cirde  
Raleigh, NC 27610

**Phone: (888) 419 – 9955**  
[www.learningservices.com](http://www.learningservices.com)

*Creedmoor Address*  
*Learning Services Neurobehavioral Institute – East*  
800 Recovery Drive  
Creedmoor, NC 27522

**Phone: (888) 419 - 9955**  
[www.learningservices.com](http://www.learningservices.com)

*For over 30 years, Learning Services has been a national provider of specialized rehabilitation services for adults with acquired brain injury. Our rehabilitation programs take place within a residential environment, designed to deliver comprehensive therapy in a real world setting. These programs provide therapeutic environments and functional based rehabilitation designed to meet the needs of individuals and families whose lives have been affected by brain injury.*

*Our NC locations offer post-acute Neuro-rehabilitation, Neurobehavioral, Supported Living, Day Treatment, and Pain Rehabilitation services.*

**Mobile Rehab**

Outpatient Physical Therapists Making House Calls  
229 Fearington Post  
Pittsboro, NC 27312  
Serving the following areas: Apex, Asheville, Cary, Chapel Hill, Durham, Hendersonville

**Phone: (919) 636 - 2423**  
<http://mobilerehabnc.com/>

Mobile Rehab provides in-home rehab for community-dwelling persons with neurological conditions including but not limited to: stroke, multiple sclerosis, Parkinson's disease, concussion, balance deficits and various gait abnormalities.

**NextStep Raleigh**

Paralysis Recovery Center  
6601 Hillsborough Street, Ste. 113  
Raleigh, NC 27606

**Phone: (919) 679 – 9405**  
[www.nextstepraleigh.org](http://www.nextstepraleigh.org)

*NextStep Raleigh is an affordable, state-of-the-art community-based paralysis recovery and fitness center. They offer standardized activity-based therapy program and interventions based on research. NextStep Raleigh serves individual with Spinal Cord Injury (SCI), Stroke, Multiple Sclerosis (MS), Traumatic Brain Injury (TBI), Cerebral Palsy (CP), Parkinson’s Disease, and other neurological conditions.*

**Neuro Community Care**

853A Durham Road  
Wake Forest, NC 27587

**Phone: (919) 210 -5142**  
[www.neurocc.com](http://www.neurocc.com)

*Neuro Community Care specializes in community-based support services for persons with traumatic brain injury, neurological disorders, or other physical challenges. They focus on case management, community support, and rehabilitative efforts to help ease the transition from inpatient programs.*

**NeuroRestorative**

3601 Windemere Place  
Raleigh, NC 27604

**Phone: (800) 743 – 6802**  
[www.neurorestorative.com](http://www.neurorestorative.com)

**NeuroRestorative**

151 Sardis Rd. North  
Charlotte, NC 28270

**Phone: (800) 743 -6802**  
[www.neurorestorative.com](http://www.neurorestorative.com)

*NeuroRestorative is a leading provider of post-acute rehabilitation services for people of all ages with brain injuries and other neurological challenges. In a variety of locations and settings, we offer a continuum of care and rehabilitation options, including specialized services for children, adolescents, and military veterans.*

**New Hanover Regional Medical Center**

*Rehabilitation Hospital*  
2131 S. 17th St.  
Wilmington, NC 28401

**Phone: (910) 343 – 7000**  
[www.nhrmc.org](http://www.nhrmc.org)

*Offers programs that teach individuals and their families how to adjust to brain injury. Program options include inpatient rehabilitation and outpatient services. Rehabilitation includes: communication, thought and memory training, self-care, management of impaired learning, social skills, and behavior skills.*

**Oleander Rehabilitation – Physical, Speech, Occupation Therapy**

5220 Oleander Drive  
Wilmington, NC 28403

**Phone: (910) 667 – 8104**

<https://www.nhrmc.org/locations/oleander-rehabilitation>

**Precision Brain Center**

6512 Six Forks Road, Suite 601A  
Raleigh, NC 27615

**Phone: (919) 704-3955**

[www.precisionbraincenter.com](http://www.precisionbraincenter.com)

*The Precision Brain Center offers cutting-edge treatment for many neurological conditions including concussions, traumatic brain injuries, degenerative neurological diseases, developmental disorders, dysautonomia, dizziness, stroke, and migraines. The brain is the master control center for every function in the body. In order to recover from neurological symptoms, it is essential to address the root cause of brain dysfunction. Restoration of brain health is achieved by providing individualized treatment tailored to the patient's unique neurological strengths and weakness so that significant improvements in brain function and performance can be achieved in as little time as possible.*

**ReNu Life**

501 Forest Hill Dr.  
Goldsboro, NC 27533

**Phone: (919) 734 – 0266**

[www.renulife.org](http://www.renulife.org)

*ReNu Life is a residential rehabilitation program that offers person-centered, individualized treatment planning to meet the comprehensive needs of the brain injury survivor. Services include cognitive rehabilitation, community integration, behavioral management, supported living, and case management.*

**NC Rex HealthCare - Nursing Care & Rehabilitation Services**

4420 Lake Boone Trail  
Raleigh, NC 27607

**Phone: (919) 784 - 3100**

[www.rexhealth.com/rh/care-treatment/rehabilitation](http://www.rexhealth.com/rh/care-treatment/rehabilitation)

**STEPS for Recovery**

7980 Chapel Hill Road, Suite 115  
Cary, NC 27513

**Phone: (919) 535 – 3930**

[www.stepsforrecovery.com](http://www.stepsforrecovery.com)

*STEPS for Recovery is a private outpatient neuro-rehabilitation clinic offering physical, occupational, and speech therapies for individuals recovering from stroke or other brain injury. These programs place an emphasis on helping the clients achieve the life goals and roles that they desire.*

**UNC Rex Nursing Care & Rehabilitation Center of Apex**

911 S. Hughes Street  
Apex, NC 27502

**Phone: (919) 363 - 6011**

**UNC Rex Wellness Center of Cary**

1515 SW Cary Parkway  
Cary, NC 27511

**Phone: (919) 387 - 0080**

**UNC Rex Hospital Outpatient Rehabilitation - Garner**

1400 Timber Drive E.  
Rex Wellness Center of Garner, Suite 214  
Garner, NC 27529

**Phone: (919) - 661 - 2482**

**UNC Rex Wellness Center of Garner**

1400 Timber Drive East  
Garner, NC 27529

**Phone: (919) 661 - 6100**

**UNC Rex Wellness Center of Knightdale**

6602 Knightdale Boulevard  
Knightdale, NC 27545

**Phone: (919) 747 - 5360**

**UNC Rex Rehabilitation Services - Raleigh**

2709 Blue Ridge Road, Suite 200  
Raleigh, NC 27607

**Phone: (919) 784 - 4696**

**UNC Rex Wellness Center of Wakefield**

11200 Galleria Avenue  
Raleigh, NC 27614

**Phone: (919) 570 - 1511**

UNC Rex Healthcare offers skilled rehabilitation services from your hospital stay to the outpatient setting.

**Vidant Medical Center**

2100 Stantonsburg Rd.  
Greenville, NC 27835

**Pre-Admissions: (252) 847 – 4400**

TBI Clinic: (252) 847 – 6603  
[www.vidanthealth.com/rehab](http://www.vidanthealth.com/rehab)

**Vidant Medical Center**

Pediatric Rehabilitation Therapy Program  
David Geissler, PhD  
2100 Stantonsburg Rd.  
Greenville, NC 27835

**Phone: (252) 847 - 2087**

[www.vidanthealth.com/outpatientpedsrehab](http://www.vidanthealth.com/outpatientpedsrehab)  
[david.geissler@vidanthealth.com](mailto:david.geissler@vidanthealth.com)

*Offers a continuum of services including inpatient rehabilitation with TBI treatment and outpatient services including aquatic therapy, neuropsychological and vocational evaluation and counseling, and vestibular rehabilitation.*



**Wake Forest Baptist Health**

*J. Paul Sticht Center on Aging and Rehabilitation*  
1 Medical Center Boulevard  
Winston-Salem, NC 27157

**Phone: (336) 713 – 8500**

[www.wakehealth.edu](http://www.wakehealth.edu)

*The J. Paul Sticht Center on Aging and Rehabilitation offers acute care, rehabilitation, psychiatry, and sub-acute care for persons with brain injury. The inpatient rehabilitation unit serves patients 13 and older with head trauma. There is a special 12-bed Acquired Brain Injury Unit designed to assist persons with brain injury.*

**WakeMed Rehabilitation Hospital**

3000 New Bern Avenue  
Raleigh, NC 27610

**Phone: (919) 350-7876**

[www.wakemed.org/rehab-hospital](http://www.wakemed.org/rehab-hospital)

**Whitaker Rehabilitation Center (Novant Health)**

3333 Silas Creek Parkway  
Winston-Salem, NC 27103

**Phone: (336) 718 – 6700**

[www.forsythmedicalcenter.org](http://www.forsythmedicalcenter.org)

*Whitaker Rehabilitation Center maintains a Brain Injury Unit, which provides comprehensive rehabilitation services. Inpatient and outpatient therapies are available.*