

2021 Virtual Meetings for People who Care for others with Brain Injuries

Two meeting times each 3rd Tuesday: Sign in to Zoom Link at 11:00 am – 12:30 pm or 6:00 – 7:30 pm

Email: Susan.fewell@bianc.net or call 919 618 3003 to get Live Zoom link for meetings.

2021 Dates	Carer Share (A family member or paid professional will discuss experience caring for someone with brain injury)	Educational Speaker (These will be recorded to view on www.bianc.net)
1-19-21	Renee' Johnson (LOBIS) Son with BI, and Triumph Services Will discuss how LOBIS was created and the dynamics of the monthly meetings. Also, will discuss how to care for those who live independently on their own, but still need support.	Leslie Johnson/Neuro Community Care) Discuss Operation RISE, a new program for military caregivers in the Independence Program. Will discuss finding joy and purpose as a caregiver and setting goals.
2-16-21	(Educational speaker will take full 30 minutes)	Lauren Costello, CBIST/Brain Injury Association of NC Brain and Behavior (30 minutes)
3-16-21	Lauri Rogers: Person who lost child with BI Discussing dealing with the early death of a loved one you are caring for, from BI complications. Special circumstances of being in active duty military at the time of TBI.	Deborah Waun, Traumatic Brain Injury Center of Excellence (TBICoE): How service members, veterans and families find resources and support
4-20-21	Mark Prokop (Son with Brain Injury/In School) Discuss a male's perspective to providing care, resources that helped his son after a brain injury in return to college.	Dr. Blaise Morrison, UNC School of Medicine Self-esteem and return to school and work after mTBI
5-18-21	Karee White (Daughter with BI) and Jean Andersen Discuss re-entry into the community and navigating the military resources that helped her daughter (Captain US Army) and caring at home after severe TBI.	Jean Andersen (Son with BI) Discuss Navigating Community Services in NC and LME system. Families need info in logical and coherent format, how to find funds for respite and other resources
6-15-21	Betty Lilyquist (Son with BI) Discuss financial stability goals and journey of working through Guardianship, Family package store, marriage with children, and setting up plans in case parents are not here.	Ryan Platts Discuss special needs trust and guardianship
7-20-21	Angie Partin (Son with BI) She will focus on resources needed for Matt after 5 years, how to break down each activity into steps and what it takes to process the steps to a task, how to be involved in the community and activities to help continue to improve.	Pier Protz/ReNu Life (Brother with BI) Will discuss helping with care for her adult brother and for adult residents in the brain injury program she works for in Goldsboro, NC.
8-17-21	Open Discussion: Are these meetings helpful and necessary for caregivers? What would make the meetings better? Are you interested in meeting other caregivers in person?	Music/Art therapy How music and art and creativity can help those with brain injuries and those providing care
9-21-21	Karen Keating(BIANC)/ Carol Ornitz (Sons with BI) Discuss parents' perspective when a child has a brain injury, ambiguous loss (Your dreams for their future)	Speech/Language Pathologist Help with accommodations for school and community
10-19-21	Tammie Thompson (Intrepid Spirit Fort Bragg, LSW) Leads a group for Military caregivers. How are families affected affected and how can they care for themselves.	Meg Ackley (Camp Lejeune) or Wes Cole (Fort Bragg) Neuropsychologist
11-16-21	Amy Root (Husband with BI) She will discuss "Finding the Blessings through the struggle and suffering."	Someone from her church who has been supportive or part of Community Team or Maura Silverman, TAP
12-21-21	Jeannie Irby (Christmas miracles) Son with BI Discuss care for son with severe TBI, importance of paid caregivers, seizures and scary times, miracles still expected	Doctor who implanted new device to help Zack with seizures or Chelsea, CNA, that has been so helpful

Morgan Lankford/Kelsey Lucas

Discuss benefits of support groups and counseling and mindfulness to help individuals set goals and provide support to family members providing care