

RECREATION & LEISURE

The following agencies offer specialized programs, which are designed to enhance the quality of life for individuals with brain injuries by providing opportunities for socialization, leisure activities, and psychological stimulation.

Access of Wilmington

2021 Corporate Drive, Suite B
Wilmington, NC 28405

Phone: (910) 685 – 1550
www.accessilm.org

Adaptive Sports & Adventures Program

Carolinas Rehabilitation

1100 Blythe Blvd
Charlotte, NC 28203

<https://atriumhealth.org/medical-services/specialty-care/rehabilitation/community-programs-support-groups>

Phone: (704) 355 – 1062
Email: asap@carolinas.org

Adaptive sports program was designed to provide individuals with physical disabilities with recreational and sport activities, such as hand cycling, adaptive water-ski, adaptive snow skiing, wheelchair sports, and much more.

Arboretum Ability Garden

6206 Oleander Dr.
Wilmington, NC 28403

Phone: (910) 798 – 7660
www.abilitygarden.org

Misty Meadow Mitey Riders

455 Providence Road South
Waxhaw, NC 28173

Phone: (704) 841 – 0602
www.miteyriders.org

Misty Meadow Mitey Riders offers assisted riding programs for disabled individuals.

North Carolina Division of Parks and Recreation

121 W. Jones Street
Raleigh, NC 27699

Phone: (919) 707 – 9300
Email: parkinfo@ncmail.net
www.ncparks.gov

Provides information about the various services provided by the state parks.

Rocking Horse Ranch
1721 Blue Banks Farm Road
Greenville, NC 27834

Phone: (252) 752 – 0153
www.rhrnc.com

Rocking Horse Ranch is a not-for-profit organization that provides therapeutic and sports riding to children and adults with a variety of physical, psychological, and cognitive disabilities. The ultimate goal of the program is to improve each rider's functional abilities so that they become more independent, productive and active members of the community.

Shining Hope Farms
328 Whipporwill Lane
Mount Holly, NC 28120

Phone: (704) 827 – 3788
Email: shininghopefarms@gmail.com
www.shininghopefarms.org

Charlotte:
3701 Kidd Lane
Charlotte, NC 28216

Conover:
6347 St. Peter's Church Road
Conover, NC 28613

Shining Hope Farms is an organization created for, but not limited to, people with disabilities. This nonprofit corporation combines therapeutic horseback riding, family and caregiver support, and social and recreational activities for children and adults.

Special Olympics
Main Office
2200 Gateway Center Blvd, Suite 201
Morrisville, NC 27560

Phone: (919) 719 – 7662
www.sonc.net

The mission of Special Olympics is to provide year-round sports training and athletic competition in a variety of Olympic-type sports for children and adults with intellectual disabilities, giving them continuing opportunities to develop physical fitness, demonstrate courage, experience joy and participate in a sharing of gifts, skills and friendship with their families, other Special Olympics athletes and the community.

Summer Camp Directory
Family Support Network of North Carolina
200 N. Greensboro Street
Carr Mill Mall, 2nd Floor, Suite D-9
Carrboro, NC 27510

Phone: (919) 966 – 2841
Toll Free: (800) 852 – 0042
www.fsnncc.org

A resource guide for families of individuals with special needs.

Victory Junction Gang Camp
4500 Adam's Way
Randleman, NC 27317

Phone: (336) 498 – 9055
Toll Free: (877) 854 – 2267
Email: info@victoryjunction.org
www.victoryjunction.org

The Victory Junction Gang Camp enriches the lives of children with chronic medical conditions or serious illnesses by providing life-changing camping experiences that are exciting, fun, and empowering, in a safe and medically sound environment.