



919.833.9634

Help, Hope, and a Voice

[www.bianc.net](http://www.bianc.net)

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## DAY AND CLUBHOUSE PROGRAMS

A Brain Injury Clubhouse or day program is a community center for individuals living with the effects of a brain injury. These facilities offer a safe environment for people with brain injuries to socialize and receive services that improve their quality of life. For more details, please visit our [Day Programs and Activity Service Description](#) page.

### **Appalachian Community Services**

<https://www.acswnc.com>

### **Blessed Assurance Adult Day Care and Health Services**

13001 Idlewood Road  
Matthews, NC 28105

**Phone: (704) 845 – 1359**

[www.blessedadultcare.org](http://www.blessedadultcare.org)

*Blessed Assurance provides day programs for individuals with physical and intellectual disabilities. Their goal is to preserve the dignity and enhance the quality of life for those they serve through a caring, stimulating, therapeutic, and enjoyable environment.*

### **CarePartners Health Services**

68 Sweeten Creek Road  
Asheville, NC 28803

**Phone: (828) 277 – 4800**

[www.carepartners.org](http://www.carepartners.org)

*CarePartners Health Services offers a full continuum of health services for adults and children beginning at age 14 with brain injuries. Services include adult day services and adult day care.*

### **Club REACH**

WakeMed Health Park  
3000 New Bern Avenue  
Raleigh, NC 27610

**Phone: (919) 350 – 2997**

[www.wakemed.org/documents/rehab/clubreach08.pdf](http://www.wakemed.org/documents/rehab/clubreach08.pdf)

*Club REACH is an interactive program designed for individuals who no longer need hospital care, but who have activity limitations. Activities include: organized recreation programs, health & leisure education, supportive counseling, spiritual opportunities, and group exercise classes.*

### **Elderhaus Pace Program**

2222 S. 17<sup>th</sup> Street  
Wilmington, NC 28401

**Phone: (910) 343 – 8209**

[www.elderhaus.com](http://www.elderhaus.com)



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**Family Preservation Services of NC, Inc.**

Carolina House  
2300 Sardis Road North, Ste. M  
Charlotte, NC 28227

**Phone: (704) 334-2600**

**Gateway Clubhouse – Community Workforce Solutions**

1011 Schaub Drive  
Raleigh, NC 27606

**Phone: (919) 662 – 0940**  
[www.gatewayclubhouse.org](http://www.gatewayclubhouse.org)  
[info@nc-cws.org](mailto:info@nc-cws.org)

*Gateway Clubhouse provides individuals with a brain injury the opportunity to participate in satisfying, purposeful activities in a supportive community environment. With the support of Clubhouse staff, members engage in social, recreational and work-oriented programs to use and develop practical and functional living skills.*

**GCF Nature Center Program**

GCF Community Foundation  
4808 Chin Page Road  
Durham, NC 27703

**Phone: (919) 941 – 9600**

*The Nature Center Program works with adults with disabilities. Participants enjoy the Nature Center several hours a day, several days each week. The program is structured around the seasons of the year.*

**Hinds Feet Farm**

Asheville  
375 Hendersonville Rd.  
Asheville, NC 28803

**Phone: (828) 274 – 0570**  
[www.hindsfeetfarm.org](http://www.hindsfeetfarm.org)

**Huntersville**

14625 Black Farms Road  
Huntersville, NC 28078

**Phone: (704) 992 – 1424**

*Hinds' Feet Farm Day Program is a paradigm shift from the traditional medical treatment model for people living with brain injury, to an Interdependent Community Model that embraces a holistic health and wellness orientation, empowering members toward occupation and meaning in life post-injury.*



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**Life Enrichment Center**

*Kings Mountain*

222 Kings Mountain Blvd.  
Kings Mountain, NC 28086

**Phone: (704) 739 – 4858**  
[www.lifeenrichmentcenter.org](http://www.lifeenrichmentcenter.org)

*Shelby location*

110 Life Enrichment Blvd.  
Shelby, NC 28150

**Phone: (704) 484 – 0405**

*Life Enrichment Adult Day Care and Health Service is a private, not-for-profit organization doing “whatever it takes” to help families stay together in the home and community by providing a wide range of services during the day for adults of all ages.*

**Life Experiences, Inc.**

260 Towerview Court  
Cary, NC 27513

**Phone: (919) 467 – 1973**  
[www.lifeexperiences.org](http://www.lifeexperiences.org)

*Life Experiences is a non-profit organization that offers a choice of satisfying work experiences for adults with varying disabilities, and at the same time allows those adults the self-esteem of earning a wage for their work.*

**LifeSpan Incorporated**

1511 Shopton Road, Suite A  
Charlotte, NC 28217

**Phone: (704) 944 – 5100**  
[www.lifespanservices.org](http://www.lifespanservices.org)

LifeSpan provides services in: Albemarle, Andrews, Burlington, Charlotte, Dobson, Greensboro, Monroe, Statesville, Troutman, and Waynesville

*LifeSpan’s mission is to support children and adults with developmental disabilities by providing education, employment, and enrichment programs that promote inclusion, choice, family supports, and other best practices. They have sites across Western North Carolina.*

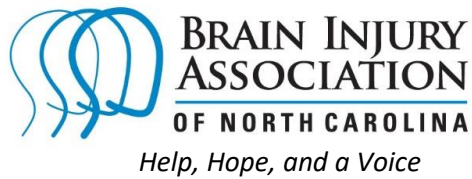
**LifeSpan Services – Cherokee County**

<https://www.lifespanservices.org/day-programs/cherokee-county>

**Meridian Behavioral Health Services**

<https://meridianbhs.org/>

**Phone: 828-631-3973**



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**Peachtree Athletic and Rehabilitation Center (PARC)**

3764 E. US Hwy 64 Alt.

Murphy, NC 28906

<https://www.erlanger.org/erlanger-western-carolina-hospital/locations/parc>

**Piedmont Area Living Services**

1201 South Boulevard

Charlotte, NC 28203

**Phone: (704) 370 – 0093**

*Piedmont Adult Living Services is an accredited facility of the North Carolina Department of Health and Human Services Division of Aging. They provide a high quality day health program for impaired adults as well as a comprehensive program keyed to serve the needs of the elderly and disabled adults.*

**Promise Resource Network**

1041 Hawthorne Lane

Charlotte, NC 28205

**Phone: (704) 390-7709**

[www.promiseresourcenetwork.com](http://www.promiseresourcenetwork.com)

**Renu Life Community Integration Program**

201 Windsor Creek Parkway

Goldsboro, NC 27534

**Phone: (919) 734-0266**

<http://www.renulife.org>

[pierprotz@renulife.org](mailto:pierprotz@renulife.org)

Renu Life's Community Integration Program (CIP), which is an off-site program, provides opportunities for the residents of Renu Life, as well as for those living in the community that have sustained a brain injury. Services include sessions to develop independent living skills, activities of daily living, vocational skills, and cognitive skills. The program also provides a computer lab, a small gym for stamina development, opportunities to volunteer in the community, and opportunities to participate in community activities. ReNu Life's Community Integration Program is dedicated to assisting those with brain injury to become as independent as possible.



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**The Total Life Centers**

1110 Navaho Dr. Suite 400  
Raleigh, NC 27609

**Phone: (919) 872 – 7933**  
[www.ResourcesForSeniors.com](http://www.ResourcesForSeniors.com)

*Bond Park Total Life Center*  
120 Maury O'Dell Place  
Cary, NC 27513

**Phone: (919) 460 – 9008**

*Creedmoor Road Total Life Center*  
6612 Creedmoor Rd.  
Raleigh, NC 27613

**Phone: (919) 676 – 5858**

*Departure Drive Total Life Center*  
5124 Departure Dr. Suite 101  
Raleigh, NC 27606

**Phone: (919) 873 – 1870**

*East Wake Total Life Center*  
323 Lake Dr.  
Wendell, NC 27591

**Phone: (919) 365 – 4248**

*Garner Total Life Center*  
201 Methodist Dr.  
Garner, NC 27529

**Phone: (919) 773 – 3790**

*Kirk Total Life Center*  
200 High Meadow Dr.  
Cary, NC 27511

**Phone: (919) 467 – 6906**

*The Total Life Centers are adult day service programs. The service offers needed care for ambulatory and semi-ambulatory dependent adults, especially those with memory loss and physical disabilities.*