

REHABILITATION SERVICES

Rehabilitation is provided in a variety of ways, including inpatient services, physical therapy, occupational therapy, and other outpatient treatments. The resources listed in this section offer a variety of rehabilitation services. For more details, please visit our [Rehabilitation Information](#) page.

Atlantic Music Therapy, LLC

P. O. Box 881
Clayton, NC 27528

Phone: (919) 443-9448

Email: Allison @atlanticmusictherapy.com
www.atlanticmusictherapy.com

Atlantic Music Therapy, LLC provides music therapy services to individuals with neurologic illness or injury throughout North Carolina Research Triangle. Through engagement in music-based exercises, our patients are able to experience an approach to rehabilitation that is noninvasive, efficient, and enjoyable!

Back to Independence Rehab

4801 Chastain Ave., Suite 194
Charlotte, NC 28217

Phone: (980) 335-7105

Email: info@btirehab.com
<https://www.backtoindependencerehab.com>

Back to Independence(BTI) Rehab focuses on promoting neuroplasticity to help those with neurological conditions reach their functional goals and improve their everyday lives. Their program is designed to complement traditional hospital/clinic-based therapy by stimulating new and existing neurological connections, enhancing recovery, and improving overall health and wellness. BTI rehab offers research based activity based therapy, neuro fitness training, aquatic exercise sessions, and monthly paralysis peer support gatherings with their therapists and exercise physiologists.

Brain Rehab Specialists

Sylvia L. Whitmire, MA, LPC, BCIA-C
10616 Metromont Pkwy., Suite 208
Charlotte, NC 28269

Phone: (704) 224 – 6069

Email: Sylvia@brainrehabspecialist.com
www.brainrehabspecialists.com

One-on-one brain injury rehabilitation services in an outpatient setting that include: education in brain injury concepts, cognitive retraining, pain management via biofeedback, and vocational rehabilitation.

Bryant T. Aldridge Rehabilitation Center

2400 Medpark Drive
Rocky Mount, NC 27804

Phone: (252) 962 – 3700

Email: btar@nhcs.org
www.nhcs.org

The Aldridge Rehabilitation Center serves as an acute rehab center in the Nash Health Care System.

Cape Fear Valley Regional Rehabilitation

1638 Owen Drive
Fayetteville, NC 28304

Phone: (910) 615 – 4000
www.capefearvalley.com

Offers comprehensive inpatient and outpatient services for persons with brain injury. Services include: computer assisted cognitive retraining, daily living skills training, family, education, neuropsychological evaluation and rehabilitation, vocational rehabilitation, community reintegration, individual, and group and family therapy.

CareFirst Rehab

100 Cornerstone Drive
Cary, NC 27519

Phone: (919) 460 - 1921
<http://carefirstpt.com>
frontdesk@carefirstpt.com

Physical Therapy: The use of the most progressive treatment techniques to help with your recovery from pain and lack of limb flexibility, coordination, balance, endurance, speed and strength.

Occupational Therapy: Occupational therapists treat injured, ill, or disabled patients through the therapeutic use of everyday activities. They help these patients develop, recover, and improve the skills needed for daily living and working.

Speech Therapy: Speech and language therapy includes the treatment of articulation delays, language delays, fluency (stuttering) and voice disorders.

Massage Therapy: From reducing pain to alleviating stress, we have the tools and expertise to maintain and restore balance to your health.

CarePartners Rehabilitation Hospital

68 Sweeten Creek Road
Asheville, NC 28803

Phone: (828) 274 - 6151
TTY/TDD: (828) 274 – 6196
www.carepartners.org

CarePartners Health Services offers a full continuum of health services for adults and children beginning at age 14 with brain injuries. Services include inpatient and outpatient rehabilitation, home health, at home personal care and private duty, hospice care, adult day care, vocational rehabilitation services, and private adolescent and geriatric case management services.

Carolina Concussion & Physical Medicine

Dr. Michael S. DeCriscio
120 Capcom Avenue, Suite 104
Wake Forest, NC 27587

Phone: (919) 435 – 7396
info@carolinaconcussion.com
<https://carolinaconcussion.com>

Carolina Concussion & Physical Medicine provides vestibular and concussion rehabilitation through clinical examination and diagnostics to address underlying causes of dizziness, imbalance, and other challenges related to concussion. Other services include baseline testing & visual/motor speed training for athletes of all ages, as well as cognitive rehabilitation therapy.

Carolinas Center for Development and Rehabilitation

6813 Fairview Rd., Suite B
Charlotte, NC 28210

Phone: (704) 442 – 7272

An outpatient facility offering comprehensive diagnostic and treatment services provides both residential and day treatment programs for people with TBI. Offers services such as vocational retraining, cognitive rehabilitation, marital/family therapy, medication monitoring, life skill retraining, and educational support services.

Carolina Neuroservices - The Head Injury Center

6853 Fairview Rd.-Suite B
Charlotte, NC 28210

Phone: (704) 366 – 9930www.carolinaneuroservices.com

Carolina Neuroservices provides therapy with focus on life, community, and social skills, cognitive re-training, driver assessment, transitional work services, home evaluation, and family counseling.

Carolinas Rehabilitation

1100 Blythe Blvd.
Charlotte, NC 28203

Phone: (704) 355 - 4300

*For other locations – <https://atriumhealth.org/medical-services/specialty-care/rehabilitation>

Rehabilitation services are available for adults and children in both inpatient and outpatient settings. Specialized inpatient services include a sensory stimulation program, intensive therapies, including occupational, speech, cognitive and physical therapy, and on-site physicians who specialize in physical medicine and rehabilitation.

Cary Health and Rehabilitation Center

6590 Tryon Road
Cary, NC 27518

Phone: (919) 851 – 8000www.caryhealth.com

Rehabilitation services include: physical therapy, occupational therapy, speech therapy, evaluation/assessment, orthopedic rehab, stroke rehab, neurological rehab, prosthetic training, treatment of swallowing difficulties, and back injuries.

Carolina Concussion & Physical Medicine

Dr. Michael S. DeCriscio
120 Capcom Avenue, Suite 104
Wake Forest, NC 27587

Phone: (919) 435 – 7396<https://carolinaconcussion.com>

Carolina Concussion & Physical Medicine provides vestibular and concussion rehabilitation through clinical examination and diagnostics to address underlying causes of dizziness, imbalance, and other challenges related to concussion. Other services include baseline testing & visual/motor speed training for athletes of all ages, as well as cognitive rehabilitation therapy.

Cone Health Rehabilitation Hospital (Inpatient)

1200 N. Elm Street
Greensboro, NC 27401

Phone: (336) 832 – 4000
www.conehealth.com

Cone Health Neurorehabilitation Center (Outpatient)

912 Third Street, Suite 102
Greensboro, NC 27405

Phone: (336) 271 – 2054

Offers a comprehensive TBI rehabilitation regimen. Programs include: return to living, amputee services, vestibular rehabilitation, specialized speech services, and programs for vision and balance.

Cumberland Hospital for Children and Adolescents

9407 Cumberland Road
New Kent, VA 23124

Phone: (800) 368 – 3472
www.cumberlandhospital.com

Cumberland Hospital for Children and Adolescents doesn't look like a hospital because it isn't like most hospitals; it is a unique environment that offers a different approach to help children with complex needs. Offers comprehensive rehabilitative services for children and adolescents with traumatic brain injuries. Will accept NC Medicaid.

Duke Rehabilitation Institute

Duke Regional Hospital
3643 North Roxboro Street, 7th Floor
Durham, NC 27704

Phone: (919) 470 - 7338
Appointments: (919) 328 - 3947
www.dukehealth.org/locations/duke-rehabilitation-institute

High Point Regional Rehabilitation Center

600 North Elm Street
High Point, NC 27262

Phone: (336) 878 – 6915
www.highpointregional.com

This is a full service rehabilitation center that offers physical, occupational, and speech therapy for adults and children with brain injuries.

Independent Living Rehabilitation Program

1300 St. Mary's
Raleigh, NC 27605

Phone: (919) 715 – 0543
www.ncdhhs.gov/dvrs

Individual plans are developed and designed to help individuals with disabilities better manage their own lives and assume more responsibility in their families, homes, and communities.

Learning Perspectives, Inc.

Mideastern Regional Office
2080 A West Arlington
Greenville, NC 27834

Phone: (252) 439 – 0070
www.learningperspectives.com

Northeast Regional Office

2451 Hurt Drive
Rocky Mount, NC 27804

Phone: (252) 451 – 1961

Southeastern Regional Office

3963 Market Street, Suite A
Wilmington, NC 28403

Phone: (910) 362 – 9474

Learning Perspectives Inc. offers strength-based treatment programs in mental health, developmental disabilities, vocational rehabilitation and other outpatient therapies.

Learning Services

Raleigh Program:
530 Building Futures Circle
Raleigh, NC 27610

Phone: (888) 419 – 9955
www.learningservices.com

Creedmoor Address

Learning Services Neurobehavioral Institute – East
800 Recovery Drive
Creedmoor, NC 27522

Phone: (888) 419 - 9955
www.learningservices.com

For over 30 years, Learning Services has been a national provider of specialized rehabilitation services for adults with acquired brain injury. Our rehabilitation programs take place within a residential environment, designed to deliver comprehensive therapy in a real world setting. These programs provide therapeutic environments and functional based rehabilitation designed to meet the needs of individuals and families whose lives have been affected by brain injury.

Our NC locations offer post-acute Neuro-rehabilitation, Neurobehavioral, Supported Living, Day Treatment, and Pain Rehabilitation services.

Mobile Rehab

Outpatient Physical Therapists Making House Calls
229 Farrington Post
Pittsboro, NC 27312
Serving the following areas: Apex, Asheville, Cary, Chapel Hill, Durham, Hendersonville

Phone: (919) 636 - 2423
<http://mobilerehabnc.com/>

Mobile Rehab provides in-home rehab for community-dwelling persons with neurological conditions including but not limited to: stroke, multiple sclerosis, Parkinson's disease, concussion, balance deficits and various gait abnormalities.

NextStep Raleigh

Paralysis Recovery Center
6601 Hillsborough Street, Ste. 113
Raleigh, NC 27606

Phone: (919) 679 – 9405
www.nextstepraleigh.org

NextStep Raleigh is an affordable, state-of-the-art community-based paralysis recovery and fitness center. They offer standardized activity-based therapy program and interventions based on research. NextStep Raleigh serves individual with Spinal Cord Injury (SCI), Stroke, Multiple Sclerosis (MS), Traumatic Brain Injury (TBI), Cerebral Palsy (CP), Parkinson’s Disease, and other neurological conditions.

Neuro Community Care

853A Durham Road
Wake Forest, NC 27587

Phone: (919) 210 -5142
www.neurocc.com

Neuro Community Care specializes in community-based support services for persons with traumatic brain injury, neurological disorders, or other physical challenges. They focus on case management, community support, and rehabilitative efforts to help ease the transition from inpatient programs.

NeuroRestorative

3601 Windemere Place
Raleigh, NC 27604

Phone: (800) 743 – 6802
www.neurorestorative.com

NeuroRestorative

151 Sardis Rd. North
Charlotte, NC 28270

Phone: (800) 743 -6802
www.neurorestorative.com

NeuroRestorative is a leading provider of post-acute rehabilitation services for people of all ages with brain injuries and other neurological challenges. In a variety of locations and settings, we offer a continuum of care and rehabilitation options, including specialized services for children, adolescents, and military veterans.

New Hanover Regional Medical Center

Rehabilitation Hospital
2131 S. 17th St.
Wilmington, NC 28401

Phone: (910) 343 – 7000
www.nhrmc.org

Offers programs that teach individuals and their families how to adjust to brain injury. Program options include inpatient rehabilitation and outpatient services. Rehabilitation includes: communication, thought and memory training, self-care, management of impaired learning, social skills, and behavior skills.

Oleander Rehabilitation – Physical, Speech, Occupation Therapy

5220 Oleander Drive
Wilmington, NC 28403

Phone: (910) 667 – 8104
<https://www.nhrmc.org/locations/oleander-rehabilitation>

Precision Brain Center

6512 Six Forks Road, Suite 601A
Raleigh, NC 27615

Phone: (919) 704-3955
www.precisionbraincenter.com

The Precision Brain Center offers cutting-edge treatment for many neurological conditions including concussions, traumatic brain injuries, degenerative neurological diseases, developmental disorders, dysautonomia, dizziness, stroke, and migraines. The brain is the master control center for every function in the body. In order to recover from neurological symptoms, it is essential to address the root cause of brain dysfunction. Restoration of brain health is achieved by providing individualized treatment tailored to the patient's unique neurological strengths and weakness so that significant improvements in brain function and performance can be achieved in as little time as possible.

ReNu Life

501 Forest Hill Dr.
Goldsboro, NC 27533

Phone: (919) 734 – 0266
www.renulife.org

ReNu Life is a residential rehabilitation program that offers person-centered, individualized treatment planning to meet the comprehensive needs of the brain injury survivor. Services include cognitive rehabilitation, community integration, behavioral management, supported living, and case management.

NC Rex HealthCare - Nursing Care & Rehabilitation Services

4420 Lake Boone Trail
Raleigh, NC 27607

Phone: (919) 784 - 3100
www.rexhealth.com/rh/care-treatment/rehabilitation

A Small Miracle

2020 S. Tryon Street, Suite B
Charlotte, NC 28203

Phone: (704) 536 – 8888
Email: advocate@asmallmiraclellc.com
www.asmallmiraclellc.com

A Small Miracle is a statewide agency that provides a comprehensive array of supports and services to children and adults of all ages, with all types of intellectual and developmental disabilities. These include innovations waiver services, developmental therapy services, and TBI waiver services. Go to www.asmallmiraclellc.com for all locations and more information.

STEPS for Recovery

7980 Chapel Hill Road, Suite 115
Cary, NC 27513

Phone: (919) 535 – 3930
www.stepsforrecovery.com

STEPS for Recovery is a private outpatient neuro-rehabilitation clinic offering physical, occupational, and speech therapies for individuals recovering from stroke or other brain injury. These programs place an emphasis on helping the clients achieve the life goals and roles that they desire.

UNC Rex Nursing Care & Rehabilitation Center of Apex
911 S. Hughes Street
Apex, NC 27502

Phone: (919) 363 - 6011

UNC Rex Wellness Center of Cary
1515 SW Cary Parkway
Cary, NC 27511

Phone: (919) 387 - 0080

UNC Rex Hospital Outpatient Rehabilitation - Garner
1400 Timber Drive E.
Rex Wellness Center of Garner, Suite 214
Garner, NC 27529

Phone: (919) - 661 - 2482

UNC Rex Wellness Center of Garner
1400 Timber Drive East
Garner, NC 27529

Phone: (919) 661 - 6100

UNC Rex Wellness Center of Knightdale
6602 Knightdale Boulevard
Knightdale, NC 27545

Phone: (919) 747 - 5360

UNC Rex Rehabilitation Services - Raleigh
2709 Blue Ridge Road, Suite 200
Raleigh, NC 27607

Phone: (919) 784 - 4696

UNC Rex Wellness Center of Wakefield
11200 Galleria Avenue
Raleigh, NC 27614

Phone: (919) 570 - 1511

UNC Rex Healthcare offers skilled rehabilitation services from your hospital stay to the outpatient setting.

Vidant Medical Center
2100 Stantonsburg Rd.
Greenville, NC 27835

Pre-Admissions: (252) 847 – 4400
TBI Clinic: (252) 847 – 6603
www.vidanthealth.com/rehab

Vidant Medical Center

Pediatric Rehabilitation Therapy Program
David Geissler, PhD
2100 Stantonsburg Rd.
Greenville, NC 27835

Phone: (252) 847 - 2087

www.vidanthealth.com/outpatientpedsrehab
david.geissler@vidanthealth.com

Offers a continuum of services including inpatient rehabilitation with TBI treatment and outpatient services including aquatic therapy, neuropsychological and vocational evaluation and counseling, and vestibular rehabilitation.

Wake Forest Baptist Health

J. Paul Sticht Center on Aging and Rehabilitation
1 Medical Center Boulevard
Winston-Salem, NC 27157

Phone: (336) 713 – 8500

www.wakehealth.edu

The J. Paul Sticht Center on Aging and Rehabilitation offers acute care, rehabilitation, psychiatry, and sub-acute care for persons with brain injury. The inpatient rehabilitation unit serves patients 13 and older with head trauma. There is a special 12-bed Acquired Brain Injury Unit designed to assist persons with brain injury.

WakeMed Rehabilitation Hospital

3000 New Bern Avenue
Raleigh, NC 27610

Phone: (919) 350-7876

www.wakemed.org/rehab-hospital

Whitaker Rehabilitation Center (Novant Health)

3333 Silas Creek Parkway
Winston-Salem, NC 27103

Phone: (336) 718 – 6700

www.forsythmedicalcenter.org

Whitaker Rehabilitation Center maintains a Brain Injury Unit, which provides comprehensive rehabilitation services. Inpatient and outpatient therapies are available.